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SPRING 2023

Inside

Your Five Star Library

Common Connection: Mind Matters

Get to Know Your Library: Beanstack Challenge

Prepare To Be Amazed

IN THIS ISSUE

March 2023 • April 2023 • May 2023



From Page to Screen Check out some of your favorite big screen movies or bingeable series that were books first.



Volunteer **Opportunities** Middle + High Schoolers: give back to your community with volunteer opportunities through the Library.



celebrate our powerful, resilient, and mysterious minds.



earning virtual

badges.

The Makery The Makery is a do-it-yourself makerspace for hands on experiential learning.

Explore Whether going far or staying local, the Library has an abundance of resources to jump start your journey.

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IN THE KNOW



For the sixth year in a row, Elmhurst Public Library received a five-star rating in a national ranking of *Library Journal*'s annual review of public libraries. The 2022 index represents data released by the Institute of Museum and Library Science (IMLS) for the 2020 fiscal year.

Out of 5,359 U.S. public libraries rated nationwide, Elmhurst Public Library was ranked #1 in its budget level (\$5-9.9M). Thirteen libraries in Illinois earned five stars, the top rating.

"We can all be proud of receiving this designation for the sixth year in a row because it takes all of us to make it happen," says Mary Beth Harper, Director. "Thanks to the creative and dedicated staff, the Board of Trustees who diligently work to support our efforts and represent the community, and the people of Elmhurst, for continuing to appreciate and use their Library."

Read more at elmlib.org/stars.

New! Assistive Kits

The Kids' Library has added Assistive Kits to the collection, available for checkout and use in the Library. Each kit contains a storybook, and includes:

- Recordable phrase buttons
- · Vocabulary and communication sheets
- Alternative page turners
- Tactile elements within the pages of the book
- Manipulatives relating to the story such as puppets, toys, or props

Assistive Kits promote independence by assisting with complex motor, communication, intellectual, developmental, and cognitive needs. They are another way the Library strives to fulfill its mission of benefiting patrons of all ages and abilities in new and engaging ways.

This collection is a result of a collaboration between the Library and the Speech-Language-Hearing Clinic at Elmhurst University.

The Library also has assistive software and equipment available to patrons upon request, including magnifiers, assistive iPads, noise-reducing headphones, and items such as weighted blankets and sensory fidgets.

Visit our website for a full list of assistive materials and equipment: **<u>elmlib.org/assistive</u>**.

Attending Programs

Registration is required for programs unless otherwise noted.

Event Key:

🔇 In-person 🛛 😑 Virtual 🛛 🕒 Hybrid

- Hybrid: These events are offered both in person at the Library and online. Register at <u>elmlib.org/events</u> for the format of your choice to reserve your seat or receive the link to join from home. Note: If a presenter is virtual, it will be included in the event description.
- YouTube: No registration required. Just visit <u>elmlib.org/YouTube</u> to watch.
- **Zoom:** Register at <u>elmlib.org/events</u> or call us to receive an email and link to the live stream. Note: Not online? Call us to learn how you can listen to Zoom programs via phone.
- Discord or Roll20: Register at <u>elmlib.org/events</u> to receive the information to join.

ADA Accommodations

Available for programs and Library visits. Call (630) 279-8696 or email reference@elmlib.org.

Photo Policy

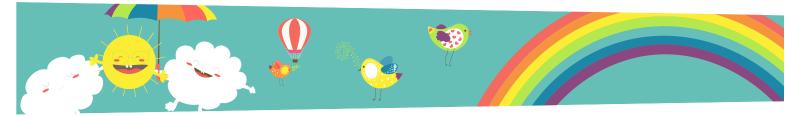
Visitors may be photographed. These photos are for Library use and may be published in Library publicity materials. Notify staff if you do not wish to be photographed.

COMMUNITY CONNECTION 存 🎯 💟 🖸

See page 2 for info: 📀 In-person event 😑 Virtual event 🕒 Hybrid event



Follow @AskElmhurst on Instagram to keep up with your library community. Find more info at <u>elmlib.org/community</u>.



Selfie Station Month of March • All Ages • Lobby Add some spring to your step by hopping on over to our spring-themed selfie station! Your smile is sure to brighten the day, so make sure to share your sunny spring selfies using #ElmhurstPublicLibrary.



#BookstagramEPL Ongoing • All Ages • Online

This spring's programming theme is *Mind Matters*, so we're looking for books related to self-care, psychology, and mindfulness! What have you been reading? Just snap a picture of your favorite titles and use #BookstagramEPL to let us know!



Celebrations Showcase Saturday, April 22 • 1-4 p.m. • Large Meeting Room • All Ages

Explore the many ways you can use Library resources to help with your next celebration! Discover party-planning ideas and ways to save money, plus browse dozens of items made with Makery equipment. Whether you're hosting a wedding, birthday, anniversary, graduation, potluck, or beach party, we've got you covered!

FROM PAGE TO SCREEN

Many of your favorite big screen movies or bingeable series were books first! Go back to read the original story so you can settle the issue once and for all: Was the book better than the movie? Or did the movie surpass what was on the written page? Ask our staff for suggestions, or subscribe to the bi-monthly Page to Screen book list for the latest adaptations.

elmlib.org/PageToScreen



















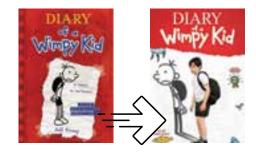
















STORYTIME



Spring Weekly Storytimes

MARCH 1 - MAY 30 *No storytimes May 29

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
Mother Goose & Me Newborn-11 months	C Little Wigglers Families (best for ages 1-5)	Romp and Rhyme Infants-age 2 w/ adult	 Fun for 3s, 4s, and 5s Ages 3-5 	O Little Wigglers Families (best for ages 1-5)	• Romp and Rhyme Infants-age 2 w/ adult
w/ adult 9:30-10 a.m.	9:30-10 a.m. Large Meeting Room	9:30-10 a.m. Kids' Program Room	9:30-10:15 a.m. Kids' Program Room	9:30-10 a.m. Large Meeting Room	9:30-10 a.m. Kids' Program Room
Kids' Program Room		No session in May	No session in May		O Explore a Story Ages 3-5 w/ adult
					10:30-11:15 a.m. Kids' Program Room

• Spanish/English Bilingual Storytime

Wednesdays, March 8 and May 10 10:15-10:45 a.m. • Kids' Program Room Families (best for ages 1-5)

Share stories, rhymes, and songs in English and Spanish.

Birthday Storytime for Our Frogs, Mac & Cheese! Tuesday, April 18 • 9:30-10:15 a.m. Large Meeting Room

Families (best for 1-5) Celebrate frogs and birthdays with rhymes, songs, and stories to get you hopping!

Coming Attractions

Reserve your copy online: elmlib.org/KidsNewBooks

• Polish/English Bilingual Storytime

Wednesday, April 19 • 10:15-10:45 a.m. Kids' Program Room Families (Best for ages 1-5)

Share stories, rhymes, and songs in English and Polish.

• Shadow Science Storytime Wednesday, April 26 • 10:30-11:15 a.m. Kids' Program Room • Families

Share stories, learn about shadows, and join in hands-on activities about light and dark. Make a shadow puppet to take home.

• Baby Day! Storytime, Tour, and Craft

Kids' Program Room • Families

What can the Library do for babies and their caregivers? Lots! Meet in the Kids' Library for storytime and a tour of what the Library has to offer you and your infant. Stay for a simple craft to take home.

■ Monday, May 1 • 9:30-10:30 a.m. ■ Monday, May 1 • 1:30-2:30 p.m.











Register for programs at <u>elmlib.org/events</u> unless otherwise noted.

() Morning Parent Book Discussion: Good Inside Monday, March 6 • 10-11 a.m.

Gathering Room + Live on Zoom • Parents

Dr. Becky Kennedy offers groundbreaking approaches to modern parenting as well as practical solutions to specific issues in her new book, Good Inside: A Guide to Becoming the Parent You Want to Be. Discuss her ideas with other parents.

• Shamrocks and

Leprechauns Tuesday, March 7 • 10:30-11 a.m. Kids' Program Room • Families

Preschoolers and their grownups can enjoy a St. Patrick's Day story and craft.

• Homeschool Explorers Tuesdays, March 14, April 11, and May 9

1-3 p.m. • Kids' Program Room • Grades K-8 Join us for a variety of hands-on activities each month. elmlib.org/HomeschoolEvents.

• MiniMakers:

Bedroom Banners Wednesday, March 15 • 6:15-7:15 p.m. The Makery • Ages 3-5 w/ adult

Create a banner featuring your child's name, letter by letter. Note: this is a one-on-one class for a grownup and preschooler. Additional children cannot be accommodated.

O Anything-but-α-Brush Art Tuesday, March 21 • 10:30-11:15 a.m. Kids' Program Room • Families

Preschoolers with a grownup can explore painting with items like leaves, sticks, combs, and more to make awesome art creations.

• Celebrate Ramadan Saturday, April 1 • 10:30-11:15 a.m. Large Meeting Room • Families

Learn about the holiday of Ramadan and make a craft to celebrate! Tickets are available starting at 9 a.m. the morning of the program. EPL card required.

❷ Bunny Hop Dance Party Saturday, April 8 • 10:30-11:15 a.m. Large Meeting Room • Families

Hop on down to the Library for a morning in motion! Dance along to some of your favorite storytime songs and other music.

Drop-in Programs

No registration required.

• March Picture Book

Madness Month of March Kids' Library • All Ages

Each week, vote for your favorite picture book in each matchup. At the end of March, the champion will be announced. Every vote counts!

O Craftapalooza
 Wednesday, March 29
 10:30 a.m.-12:30 p.m.
 Kids' Program Room • Families
 Create fun craft projects using our many supplies. Great for the whole family!

O Movie Day: Minion

Madness Thursday, March 30 • 1:30-5:30 p.m. Kids' Program Room • Families

Join us for a Minion movie marathon during spring break. *Minions* will be shown at 1:30 p.m., and *Minions: The Rise* of *Gru* will be shown at 3:30 p.m. Bring a blanket to lie on, if you wish.

National Crayon Day Friday, March 31 • 10 a.m.-2 p.m. Kids' Library • Families

Drop in for fun activities, coloring sheets, and more to celebrate National Crayon Day! Materials available while supplies last.

• What is Your Favorite Thing About EPL? Monday, April 24 • All Day Kids' Library • All Ages

It's National Library Week! Visit the Kids' Library Craft Table, and write your favorite things about the Library. We'll display everyone's favorite library things!

♥ Family Scavenger Hunt Month of May • Families

Pick up a Scavenger Hunt sheet in the Kids' Library or download one at <u>elmlib.org/scavenger</u>. Check off each item you complete. When you've filled the sheet, bring it in for a prize.

• Revenge of the Fifth

Friday, May 5 • All Day • Families Stop by the Kids' Library for crafts and activities all about *Star Wars*!

O Illinois Agriculture

Farming Exhibit Monday, May 8-Saturday, May 13 Kids' Library • All Ages

Learn about farms, bees, and livestock with the DuPage County Farm Bureau's interactive exhibits in the Kids' Library.

• Getting Started With T-Trak Model Trains Saturday, May 20 • 9:30 a.m.-1:30 p.m.

Kids' Library • All Ages

See model trains built with T-Trak, and learn how to get started with members of the Elmhurst T-Trak Cub.



EARLY ELEMENTARY (GRADES K-2)

See page 2 for info: 🛛 🕄 In-person event

😑 Virtual event 🛛 🚯 Hybrid event



Summer Reading for all ages begins Monday, May 22

Sound Scientists Friday, March 3 • 4-4:45 p.m. Kids' Program Room • Grades K-2 Celebrate Alexander Graham Bell's birthday

with hands-on experiments about sound.

O All That Jazz Tuesday, March 7 • 4-4:45 p.m. Kids' Program Room • Grades K-2

Discover the amazing sounds of jazz and blues music. Enjoy interactive listening activities, and learn about some of the musicians who made this music popular around the world.

Learn to Code Wednesday, March 22 • 4-5 p.m. Kids' Program Room • Grades K-2

Discover what you can do with some coding basics. We'll use ScratchJr to make fun games, animations, and more.

• Recycle Mania! Monday, April 3 • 4-5 p.m. Kids' Program Room • Grades K-2

You will be amazed at what we can do with junk! Learn how science is finding amazing new ways to recycle, then create your own contraption from our recycled stash.

Monarch Book Sneak Peek Fridays in April • 4-4:45 p.m. Kids' Program Room • Grades K-2

Join us for fun activities highlighting the new 2024 Monarch Award book nominees. No need to read ahead; we'll share a new book each week.

• Make With Me: T-shirt Time Wednesday, April 19 • 6:15-7:30 p.m. The Makery • Grades K-2 w/ adult

Kids and their grownups will learn to make a t-shirt with a little creativity and a heat press.

• Shadow Science Thursday, April 27 • 4-4:45 p.m. Kids' Program Room • Grades K-2

This hands-on program features science activities highlighting shadows, large and small. Come be a scientist with us!

♥ LEGO Club Monday, May 8 • 4-4:45 p.m.

Kids' Program Room • Grades K-2

If you love LEGO, this is where you want to be! Build with friends using the Library's huge LEGO collection.



OLDER ELEMENTARY (GRADES 3-5)

Register for programs at <u>elmlib.org/events</u> unless otherwise noted.

• Painter's Tape Art Wednesday, March 1 • 4-5 p.m.

Kids' Program Room • Grades 3-5 Use pastel pencils and painter's tape to create an amazing and unique work of art.

• All That Jazz Thursday, March 9 • 4-4:45 p.m.

Kids' Program Room • Grades 3-5

Enjoy interactive listening activities, and learn about some of the musicians who made this music popular around the world.

• Mario Party Friday, March 10 • 4-5 p.m. Kids' Program Room • Grades 3-5

March 10 is Mario Day. Celebrate by playing Mario video games with us on our large screen! Beginners welcome.

• Weird but True! Tuesday, March 28 • 11 a.m.-12 p.m. Kids' Program Room • Grades 3-5

If you love the *Weird but True!* books, join us for games, puzzles, and other interactive activities inspired by this book series.

♥ Cherry Blossom Art Tuesday, April 4 • 4-5 p.m. Kids' Program Room • Grades 3-5

Find out more about cherry blossoms, and make your own artwork to take home.

• LEGO Engineering Monday, April 10 • 4-5 p.m. Kids' Program Room • Grades 3-5

Think like an engineer, and use our LEGO blocks and WeDo robots to perform engineering feats.

♥ Junior Chefs Tuesday, April 18 • 4-5 p.m. Large Meeting Room • Grades 3-5

Learn some cooking basics, and create a recipe to take home and share.

For All Grades

♥ Kid Author Visit: Hi, Max! Saturday, March 18 • 10:30-11:15 a.m. Kids' Program Room • Families

Meet a first grader who published a book starring her brother. Max has cerebral palsy, and Malena wants to change people's perceptions by encouraging others to say, "Hi, Max." Meet Malena and Max, and ask questions about their lives and their book.

Play Switch! Wednesday, April 26 • 4-5 p.m. Large Meeting Room • Grades 3-5 Join us for some video game fun.



JunkBots are easy-to-build robots made using a simple circuit and recyclable materials. Learn about engineering design, and compete to build the fastest robot.

• Kids' Chess Club Sundays, March 19, April 16, and May 21 1:30-2:30 p.m. • Kids' Program Room Grades K-5

Learn the basics of chess with an instructor, then use your skills with other players. Beginners welcome.

• Read to the Dogs Saturdays, April 8 and May 13 • 2-3:30 p.m. Kids' Program Room • Grades K-8

Bring a book or choose one of ours, and read aloud to one of our visiting therapy dogs. Register with your EPL card to reserve a 15-minute time slot.

MIDDLE SCHOOL



• Needle Felting Monday, March 6 • 6-7 p.m The Makery • Grades 6-8

Needle felting transforms a piece of wool into a 3D character or object. Have fun learning this simple yet impressive artform, and take home your creation.

Mario Party Friday, March 10 · 6:30-7:30 p.m. Large Meeting Room · Grades 6-12

Celebrate Mario Day by playing Mario video games with us! Beginners are welcome.

3D Printing Thursday, March 23 • 4-5 p.m. Computer Lab • Grades 6-8

Learn the basics of 3D printing and create your own design. Items will be printed after the program.

Pinch Pots Monday, April 10 • 6-7:30 p.m. The Makery • Grades 6-8

Design and decorate your own pinch pot while spending time with friends.

• Anime/Manga Drawing Workshop Saturday, April 15 • 1-3 p.m.

Large Meeting Room • Grades 6-12

Learn how to draw your own characters with Addie Afable, freelance comic book artist and Anime Central staff member.

♥ Fairy Houses Friday, April 21 • 6:30-8 p.m. Kids' Program Room • Grades 6-8 Cot your spring sorden roody and

Get your spring garden ready and decorated with your very own fairy house.

• Hack That Painting Friday, May 12 • 7-8 p.m. Kids' Program Room • Grades 6-8

Start with a pre-painted canvas, then decide what to add to it. A yeti version of the Scream? Whistler's Squirrel? Cretaceous Gothic? You hack it to make it great.

Volunteer Opportunities

elmlib.org/volunteer

Middle School

Middle School volunteer opportunities include assembling activity kits or assisting with programs. Applicants must be entering grades 6-8 and either live or go to school in Elmhurst.



Middle School Coming Attractions

Reserve your copy online: elmlib.org/MSNewBooks











HIGH SCHOOL

Register for programs at elmlib.org/events unless otherwise noted.



High School

If you're entering grades 9-12, consider being a Teen Volunteer! Assist with programs and tasks such as craft prep; cleaning and organizing; and special community events. Please email <u>eplteen@elmlib.org</u> for more info.

Teen Advisory Group

The Teen Advisory Group meets monthly to discuss popular and trending topics, help plan programs and provide feedback, and work on service projects. Please email <u>eplteen@elmlib.org</u> for more information.



• Teen Mental Wellness

Month of March • Teen Space • Grades 9-12 Stop by the Teen Space during the month of March to participate in self-care and mental wellness activities.

No registration required.

♥ Teen Video Game Tourney Every Wednesday • 7-8:30 p.m. Kossmann Room • Grades 9-12

Put your skills to the test to be the ultimate victor in our tournaments for *Smash Bros.* and other games. Teens are also welcome to spectate or play other games.

♥ Spill! Every Thursday • 4-5 p.m. (No sessions on school holidays) Teen Space • Grades 9-12

Share your thoughts and explore current topics with EPL's social worker. No registration required.

• Teen BYOB (Bring Your Own Book)

Gathering Room • Grades 9-12 Share your favorite reads based on the genre or topic of the month. Fantasy

Fantasy Thursday, March 2 • 4-5 p.m.
Humor Thursday, April 6 • 4-5 p.m.
Sci-Fi Thursday, May 4 • 4-5 p.m.

♥ Mario Party Friday, March 10 · 6:30-7:30 p.m. Large Meeting Room · Grades 6-12

Celebrate Mario Day by playing Mario video games with us! Beginners are welcome.

DIY Oreo Pie Tuesday, March 14 • 4-5 p.m. Kossmann Room • Grades 9-12

Celebrate International Pi Day and National Oreo Cookie Day by making an Oreo pie!

Dungeons & Dragons Tuesdays, March 14, April 11, and May 9 9 p.m. • Live on Roll20 and Discord Grades 6-12

Join us for an original campaign led by internationally-acclaimed DM Thomas Lewis.

Teen Snαck Testers Mondays, March 20, April 17, and May 15 4-5 p.m. • Kossmann Room • Grades 9-12

Test a variety of treats, then vote for your favorites. If you have a food allergy, email <u>eplteen@elmlib.org</u> at least 1 week ahead for accommodations.

• Teen Crafternoon

Teen Space • Grades 9-12

We provide materials and ideas, you take home a new skill and a finished project! No registration required.

- Magazine Art Canvas Monday, March 27 • 4-5:30 p.m.
- Pretzel & Donut Knot Pillows Monday, April 24 • 4-5:30 p.m.
- Mini Terrariums
 Monday, May 22 4-5:30 p.m.

• Short Story Workshop Saturday, April 1 • 1-3 p.m. Teen Space • Grades 9-12

Get creative with various writing exercises, and develop the skills necessary to write your own unique stories in this workshop.

• Anime/Manga Drawing Workshop

Saturday, April 15 • 1-3 p.m. Large Meeting Room • Grades 6-12

Learn how to draw your own characters with Addie Afable, freelance comic book artist and Anime Central staff member.











High School Coming Attractions

Reserve your copy online: elmlib.org/HSNewBooks

BUSINESS AND CAREER



• Negotiate Like a Pro in Any Business Scenario Tuesday, March 7 • 6:30-8:30 p.m. Large Meeting Room • Adults

Explore the different types of negotiations, the 3-step process to a negotiation, what to do when problems arise, and when to walk away. Presented with ResuMAYDAY.

Business Tool Training Live on Zoom • Adults Mergent Intellect

Thursday, March 9 • 12-1 p.m.

This tool provides access to U.S. and international business data, industry news, facts and figures, executive contact information, industry profiles, and more.

Data Axle Reference Solutions

Thursday, April 13 • 12-1 p.m. This powerful resource can identify new sales prospects, create customized business and consumer marketing lists, and gather competitive business intelligence.

Gale Business, Insights, and DemographicsNow

Thursday, May 11 • 12-1 p.m.

Find market research, industry trends, company and industry information, SWOT analyses, case studies, and geographicallyaligned demographic data to give you what you need to create business plans, develop marketing strategies, and make your company more competitive.

Opening or Expanding Your Small Business in Elmhurst Thursday, March 16 · 3-5 p.m. Large Meeting Room + Live on Zoom Adults

Learn about requirements and regulations for opening or expanding your small business in Elmhurst. Whether you're looking for help navigating regulatory or zoning requirements, seeking financial assistance, or figuring out your next steps, our panel of experts can help you connect to a variety of available resources. Network after the presentation.

O Soft Skills Development Monday, March 20 ⋅ 10-11 a.m. Meeting Room A ⋅ Adults

Soft skills are sought after by employers, yet underestimated by job seekers. These important character traits and interpersonal skills influence how well you can work or interact with others. In this workshop, you'll discover the importance of soft skills, how to develop them, and how to incorporate them into your job search. Presented with People's Resource Center.

Elmhurst Business Connection Thursday, March 23 • 8-9:30 a.m. Live on Zoom • Adults

Join Fox Valley SCORE mentors for a monthly roundtable discussion on new topics. Meet with business owners in Elmhurst and surrounding communities to get advice, network, and share experiences with peers.

Core Value Proposition

Thursday, March 23 · 8-9:30 a.m.

■ Legal Steps Every Business Should Take Thursday, April 27 • 8-9:30 a.m.

Pitch Your Business

Thursday, May 25 · 8-9:30 a.m.

• Resume + Cover Letter Review

Monday, April 17 • 10 a.m.-12 p.m. Meeting Room A • Adults

Meet with a job coach to review your resume and cover letter and receive tips. Presented with People's Resource Center.

O Communicating in α Diverse Workplace Monday, May 15 • 10-11 a.m. Meeting Room A • Adults

Communicating and working with different generations and cultures requires patience and understanding. Learn how to value new ideas and embrace the change that each individual brings. Presented with People's Resource Center.

TECHNOLOGY

Register for programs at elmlib.org/events unless otherwise noted.

• Computer Basics Computer Lab • Adults

We'll go over ways to use the mouse or touchpad of various computers, adjust settings to make them easier to use, and learn about accessibility settings.

Friday, March 3 • 2-3 p.m. Tuesday, March 7 • 3-4 p.m. Friday, April 14 • 2-3 p.m. Friday, May 12 • 2-3 p.m.

❷ Google Drive Tuesday, March 21 • 3-4 p.m. Computer Lab • Adults + Grades 9-12

Learn about Google Drive and applications included like Docs, Sheets, and Slides.

O Cutting the Cable Cord Computer Lab • Adults + Grades 9-12

Learn how to navigate the fast-changing world of streaming services. We'll teach you about available streaming platforms and how to access them.

Monday, March 27 • 7-8 p.m.
 Thursday, May 25 • 2-3 p.m.

Organizing Digital Files Friday, March 31 • 3-4 p.m. Computer Lab • Adults + Grades 9-12

Celebrate World Backup Day by learning about properly backing up and organizing your files.

Excel Intermediate Monday, April 3 • 3-4:30 p.m. Computer Lab • Adults + Grades 9-12 Learn Excel functions and formulas that are

Learn Excel functions and formulas that are often used in the program.

♥ iPhone iOS Wednesday, April 5 • 10-11 a.m. Computer Lab • Adults + Grades 9-12

Learn the latest features of iOS, and get helpful information about your iPhone.

• Video Editing with Premiere Elements Thursday, April 6 • 2-3:30 p.m.

Computer Lab • Adults + Grades 9-12 Use Premiere Elements to add clips and edit

them to make a complete video with titles, transitions, and effects.

© Excel Advanced Topics Wednesday, May 3 • 6-7:30 p.m.

Computer Lab • Adults + Grades 9-12 Learn advanced features of Excel including PMT, XLOOKUP, and more.

Oricut Design Space Monday, May 15 • 3-4 p.m.

Computer Lab • Adults + Grades 9-12

Learn how to create projects for the Cricut cutting machine. Design t-shirts, paper crafts, mugs, and more.

⑦ Digitization Thursday, May 18 • 2-3 p.m. Computer Lab • Adults + Grades 9-12

We'll show you the equipment available at the Library that you can use to digitize your records, tapes, and film.

• Android Basics

Tuesday, May 30 • 3-4 p.m. • Computer Lab Adults + Grades 9-12

Learn more about your Android device and gain new skills. We'll show you some useful apps and answer your questions.

Drop-in Tech Help

Find solutions to your tech questions by stopping by the 2nd Floor or remotely through our Virtual Info Desk.

elmlib.org/VideoChat

COMMON CONNECTION

mind

The Common Connection is a series of programs using lectures, discussion, and critical thinking to identify topics that influence the world today. This issue's topic is Mind Matters.

The brain is a mere three pounds of gray matter that powers the human psyche. What drives the way we identify patterns or solve problems? What stirs our curiosity? How is brain health related to memory, emotions, and self-awareness? Join us for programs that ponder and celebrate our powerful, resilient, and mysterious minds.

elmlib.org/common

• Staying Mentally Fit Tuesdays, March 7, April 4, and May 2

1:30-2:30 p.m. • Meeting Room B • Adults Join us for fun mental enrichment including games, puzzles, and other activities that boost memory, reasoning, and other cognitive abilities.

Mind Games: The Science of Perception Deception Tuesday, March 14 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 6-12

Explore the science of optical illusions, subconscious choices, and how our brains trick us into seeing and believing things that don't exist.

Art Therapy Wednesday, March 15 • 2-3 p.m. Large Meeting Room • Adults

Learn how art can improve mental wellness, then unwind with coloring books and other forms of art therapy while enjoying friendly conversation and soothing music.

© Coloring for Mindfulness Tuesdays, March 21, April 18, and May 16 2-3 p.m. • The Makery • Adults

Choose from beautiful designs and become absorbed in the joy of coloring. **No registration required.**

COMMON CONNECTION

Register for programs at elmlib.org/events unless otherwise noted.

GreenMan Theatre

Presents: Mind Matters Wednesday, March 22 • 7-8:30 p.m. Large Meeting Room + Live on Zoom Adults + Grades 9-12

Explore the human psyche with the GreenMan Theatre Storytellers.

• Transforming Fearful and Anxious Thoughts Monday, April 3 • 7-8 p.m.

Large Meeting Room • Adults

If we don't manage anxious thoughts, they can quickly spiral and lead us to increased fear and worry. Regardless of what is going on in the world around us, we can still learn tools to help us gain greater control over what we think. Presented with Thought Stepping.

Mind Matters: The Science of Curious Thinking Tuesday, April 11 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 6-12

Learn how our brains seek out patterns to try to make meaning out of nothing, sometimes defying logic and facts in the process. William Pack discusses the science of curiosity, plus proven ways to preserve brain health.

• Mandala Painting The Makery • Adults • Grades 9-12

Create your own mandala, a circle filled with geometric designs that can be used for mindfulness and relaxation.

■ Wednesday, April 12 • 5:30-6:30 p.m. ■ Wednesday, April 12 • 7-8 p.m.

Registration starts Wednesday, March 22.

Meditation: Connecting Mind, Body, and Spirit Monday, April 24 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 6-12

Join meditator Umesh Bhatia to learn how meditation can minimize the effects of stress and speed up healing. Then, practice the tools needed to integrate mindfulness into your daily life with a guided meditation.

• Author Visit with Kelly Jensen

Thursday, April 27 • 7-8 p.m. Large Meeting Room • Adults + Grades 9-12

Kelly Jensen is a writer for the popular website Book Riot, podcast host of Hey YA!, and editor of anthologies including (Don't) Call Me Crazy: 33 Voices Start the Conversation About Mental Health. Kelly joins us for a discussion about her writing and creative processes, then leads a discussion on mental health, complete with healthy coping mechanisms, breathing exercises, and mindfulness tips.

Parent Nation: Unlocking Every Child's Potential Tuesday, May 9 • 7-8:30 p.m. Large Meeting Room + Live on Zoom

Parents Learning begins on the first day of life—with parents and caregivers being a child's most critical influencers. Join us for a presentation about *Parent Nation: Unlocking Every Child*'s

critical influencers. Join us for a presentation about Parent Nation: Unlocking Every Child's Potential, the newest book by pediatric surgeon Dr. Dana Suskind. The presentation will be followed by a discussion. Presented with Glenbard Parent Series.

Mind Games: The Science of Memory

Tuesday, May 16 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 6-12

William Pack returns to delve into memory. Learn why we remember what we do, the different kinds of memory, and how we can't trust everything we recall. Then learn how to improve your memory.

True Crime Fascination Thursday, May 25 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 9-12

Professor Amanda Vicary discusses her research on why people, especially women, are drawn to true crime, then discusses Illinois cases of potential wrongful convictions.

LEARN & GROW BOOK DISCUSSIONS ON PAGE 21.

() The Fly Girls of WWII

Wednesday, March 1 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 9-12

Over 1100 women served their country as Women Airforce Pilots (WASP) in World War II, flying every military aircraft from the PT-17 Stearman to the B-17 Flying Fortress. Join Rebecca Sutera Tulloch, a certified FAA pilot, as she tells the story of these women and the role they played in the war effort. Presented with AAUW.

Invisible Warriors Live on Zoom · Adults

The film *Invisible Warriors* shares the individual experiences of a small group who represent the 600,000 Black women who stepped up to work in factories and government offices during World War II. Register for any of the events below to receive the link to stream the film online, March 5-15. Presented with area libraries.

- Introduction to the Film Sunday, March 5 • 2-3 p.m.
- An Evening with Documentary Historian Gregory S. Cooke
 - Wednesday, March 15 7-8 p.m.

Gluten-Free Cooking

Monday, March 6 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 6-12

Cutting gluten and wheat from your diet can be difficult. Chef Susan Maddox helps ease the stress with delicious, gluten-free recipes and tips.

Organizing 101: Spring Cleaning Specifics Wednesday, March 8 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults

Learn basic organizing principles and practical cleaning solutions for any area of your home. Discover the different types of organizers and how to create an effective plan to help you tackle common areas and maintain organization for years to come.

Culture Club

Large Meeting Room + Live on Zoom Adults

Explore the world without leaving your chair.

Tour du Mont Blanc

- Thursday, March 9 10:30-11:30 a.m. Europe on a Budget
- Thursday, April 13 10:30-11:30 a.m.
 Inside Chicago's Intriguing House
 - Museums

Thursday, May 11 • 10:30-11:30 a.m.

() Genealogy

Large Meeting Room + Live on Zoom Adults

Join us each month for a new genealogy topic and discussion to help you fill out your family tree.

- Comparing the Genealogy Big Four Thursday, March 16 • 10:30-11:30 a.m.
- Immigration Records Thursday, April 20 • 10:30-11:30 a.m.
- Passenger Lists Thursday, May 18 • 10:30-11:30 a.m.

GreenMan Theatre

Presents: Mind Matters Wednesday, March 22 • 7-8:30 p.m. Large Meeting Room + Live on Zoom Adults + Grades 9-12

Explore the human psyche with the GreenMan Theatre Storytellers.

The Women Who Built Hollywood

Thursday, March 23 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 6-12

Film historian Dr. Annette Bochenek presents the lives and legacies of some of classic Hollywood's female directors and stars who possessed a keen sense of business and innovation in the early days of film.

Caregiver's Corner

Magazines, movies, puzzles, story dice, and memory kits specially chosen for individuals with memory loss are located near Large Print books on the 2nd Floor.

elmlib.org/CaregiversCorner



EINKIUH

Flying High: Betty the Pan Am Stewardess

Monday, March 27 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults

In the 1960s, when jets were new, the stewardess was an All-American fantasy: hostess, nurse, cook, therapist, and even sex symbol. In this historical portrayal, Leslie Goddard, Ph.D., takes us on an exciting, true story about the real-life stewardesses for Pan Am, the most glamorous U.S. airline of its time. Learn about serving the rich and famous; the strict height, weight, and age requirements; cooking gourmet meals; and enduring some wild rides. Buckle up-this is one flight you won't forget.

• Great Decisions

Large Meeting Room • Adults

Learn about critical issues facing America with professor Gary Midkiff and other community members.

- War Crimes Tuesday, March 28 • 1:30-3 p.m.
- China and the U.S. Tuesday, April 25 • 1:30-3 p.m.
- Economic Warfare Tuesday, May 23 • 1:30-3 p.m.

Wills, Trusts, and Estate Planning Basics Tuesday, March 28 • 7-8 p.m.

Large Meeting Room + Live on Zoom Adults

Learn about wills, trusts, power of attorney, probate, and guardianship. Take the first step to create or update a plan that is appropriate for you and your personal circumstances.

Fake News, Real News, and How to Tell the Difference Thursday, March 30 • 7-8:30 p.m. Large Meeting Room + Live on Zoom Adults + Grades 9-12

Whether you call it propaganda, urban legend, misinformation, disinformation, or alternative facts, fake news is nothing new. Learn how to identify fake news, evaluate the potential biases of the real news you're consuming, and even flex your fake news spotting skills so that you can encounter the news with more confidence.

Writing Gatsby: The Real Story of the Greatest American Novel

Tuesday, April 4 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 9-12

The Great Gatsby has sold 25 million copies worldwide and sells 500,000 copies annually. The book has been made into three movies and produced for the theater. It is considered the Great American Novel, yet, the story of how *The Great Gatsby* was written is rarely told. This story is one of heartbreak, infidelity, struggle, alcoholism, financial hardship, and one man's perseverance in circumstances that would have crushed others.

Social Services Mini Resource Fair Thursday, April 6 • 2-3:30 p.m. Large Meeting Room • Adults

Our staff will help you discover different social services and government programs you may qualify for, as well as their eligibility requirements.

Barriers to Good Gardening: Myths and Misinformation Monday, April 10 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults

There have always been gardening myths and old wives' tales, but the internet has spread misinformation to gardeners everywhere. Some of the myths are harmless, but others keep us from attaining high quality gardens. Join horticulturalist Sharon Yiesla as she sets the record straight.

• Superheroes in Wilder Park: A Special Preview Tuesday, April 18 • 7-8 p.m. Large Meeting Room • Adults • Grades 6-12

Superheroes will soon assemble in Wilder Park! Preview this exciting outdoor art installation before it is unveiled at Art in Wilder Park. Get an early sneak peek into the artists' work and creation process, plus learn what else the Elmhurst Art Museum has in store for spring and summer.

LIBRARY INSIDERS



We welcome all Elmhurst patrons to take part in Library activities, regardless of physical or mental ability. Library Insiders programs are designed for adults with intellectual disabilities.

• Next Chapter Book Club Wednesdays, March 1, 15; April 12, 26; May 10, and 24 • 6:30-7:30 p.m. Large Meeting Room • Adults

Next Chapter Book Club is a literacy program for adults with intellectual disabilities. The goal of this book club is to read an entire novel by taking turns reading aloud. Anyone can join, regardless of reading ability.

Inclusive Game Night Wednesday, March 29 • 6:30-8 p.m. Large Meeting Room • Adults

Join us for a night of fun games with friends!

© Let's Pαint Wednesday, May 17 • 6:30-7:30 p.m. The Makery • Adults

Follow step-by-step instructions to create a work of art. All materials provided. Dress for a mess.

© Celebrations Showcase Saturday, April 22 • 1-4 p.m. Large Meeting Room • All Ages

Explore the many ways you can use Library resources to help with your next celebration! Discover party-planning ideas and ways to save money, plus browse dozens of items made with Makery equipment. Whether you're hosting a wedding, birthday, anniversary, graduation, potluck, or beach party, we've got you covered! **No registration required.**

Senior Housing Tuesday, April 25 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults

Rick Graffagna of Senior Solutions discusses the variety of housing types available to senior citizens, what to look for when touring a potential residence, and how to pay for it. Great for seniors, their caregivers, or anyone looking ahead to their retirement years.

ENRICH

Get to Know Your Library

Learn what your Library has to offer by completing challenges and earning virtual badges.

Visit <u>elmlib.org/beanstack</u> to play along.



Open Mic Night Wednesday, April 26 • 7-8:30 p.m. Offsite: Centennial Recreation Center (155 E. St. Charles Rd.) Adults + Grades 9-12

Get on stage to perform spoken word, poetry, music, or comedy. Spectators welcome. Presented with the Elmhurst Park District.

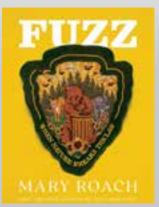
The History of Simon & Garfunkel Wednesday, May 3 • 7-8 p.m.

Large Meeting Room + Live on Zoom Adults

Music historian Gary Wenstrup traces the arc of Simon & Garfunkel's career from their surprise teenybopper hit "Hey Schoolgirl," to the folk-rock classic "Sound of Silence," to the ever-popular "Mrs. Robinson," and the majesty of "Bridge Over Troubled Water."

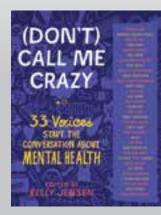
SPRING

AUTHOR VISITS



Mary Roach Wednesday, March 1 ⋅ 7-8 p.m. Live on Zoom ⋅ Adults

Mary Roach is a six-time New York Times bestselling author of popular science and humor books, including Stiff: The Curious Lives of Human Cadavers. Her most recent book, Fuzz: When Nature Breaks the Law, explores the unpredictable world in which wildlife and humans meet. Presented with Illinois Libraries Present.



♥ Kelly Jensen Thursday, April 27 • 7-8 p.m. Large Meeting Room • Adults

Kelly Jensen joins us for a discussion about her writing and creative process, then leads a discussion on mental health, complete with healthy coping mechanisms, breathing exercises, and mindfulness tips.

Medicare 101 Thursday, May 4 • 6:30-7:30 p.m. Large Meeting Room + Live on Zoom Adults

Learn what Medicare covers, what it doesn't, and your potential out-of-pocket expenses, including Supplement and Advantage Plans, Part D Prescription Coverage, and cost-saving strategies.

Energy-Efficient

Landscaping Monday, May 8 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults

Sustainable and energy-efficient landscapes are common buzzwords today, but can be overwhelming to the novice gardener. Learn tips for how landscaping can help keep your energy costs down and make your yard more environmentally friendly.

Life in a Japanese-American Internment Camp Monday, May 22 • 7-8 p.m. Large Meeting Room + Live on Zoom Adults + Grades 9-12

Historian and librarian Sarah Okner, a descendant of internees, shares photos and details of daily life in an internment camp and the profound effects it had on those living there.

For additional information, visit <u>elmlib.org/author</u>.

20 + 30 SOMETHINGS

Register for programs at <u>elmlib.org/events</u> unless otherwise noted. Programs marked **20s/30s Adults** are limited to ages 18-40.



Connect · Engage · Thrive

Connect with others in the community while navigating all the challenges that come with adulthood.

• Art Therapy Night Friday, March 3 • 7-8:30 p.m. Large Meeting Room • 20s/30s Adults

Unwind with coloring books and other forms of art therapy while enjoying friendly conversation and soothing music. Bring your own materials or use ours.

• Astrology Roundtable Friday, March 17 • 7-8:30 p.m. Large Meeting Room • Adults

Start the new astrological year off right. Bring your natal charts, research, and questions to discuss with others interested in astrology. All levels of experience welcome.

O Sublimation Tumblers Friday, March 31 • 7-8:30 p.m. The Makery • 20s/30s Adults

Learn how to use the Makery's sublimation printer to design a custom tumbler. All supplies provided.

• Board Game Night Friday, April 21 • 6:30-8:30 p.m. Large Meeting Room • 20s/30s Adults

Join us for a night of open gaming with other board game fans. Bring your own game to share or play one of ours.

Open Mic Night Wednesday, April 26 • 7-8:30 p.m. Offsite: Centennial Recreation Center (155 E. St. Charles Rd.) Adults + Grades 9-12

Get on stage to perform spoken word, poetry, music, or comedy. Spectators welcome. Presented with the Elmhurst Park District.

• Mini Bookcases Friday, May 12 • 7-8 p.m. Large Meeting Room • 20s/30s Adults

Create the bookshelves of your dreams on a tiny scale—small enough to fit in a candy tin! All supplies provided. **Registration starts April 21.**

Cos/30s Book

Discussions ■ Broken (in the Best Possible Way) by Jenny Lawson Thursday, March 2 • 7-8:15 p.m. Gathering Room + Live on Zoom 20s/30s Adults

Lawson describes her experiences with depression and anxiety in a funny stream-of-consciousness style.

■ (Don't) Call Me Crazy by Kelly Jensen Thursday, April 6 • 7-8:15 p.m. Gathering Room + Live on Zoom 20s/30s Adults

To understand and improve our mental health, we need to talk openly about it. Thirty-three actors, athletes, authors, and artists share their personal experiences with mental illness and how it affects every person differently.

Verity

by Colleen Hoover Thursday, May 4 · 7-8:15 p.m. Gathering Room + Live on Zoom 20s/30s Adults

When Jeremy Crawford hires Lowen Ashleigh to finish his injured wife Verity's book series, Lowen discovers Verity's incomplete memoir, full of horrifying recollections. Should Lowen share the truth with Jeremy?

■ A Psalm for the Wild-Built by Becky Chambers Thursday, June 1 · 7-8:15 p.m. Gathering Room + Live on Zoom 20s/30s Adults

Dex, a tea monk, leaves the monastery to travel the countryside and lend a listening ear, but comes across a curious robot honoring a centuriesold promise to return and ask, "What do people need?" It cannot return to the wilderness until it receives an answer.

♥ Plug In & Play Friday, May 19 • 7-8:30 p.m. Large Meeting Room • 20s/30s Adults

Join us for a night of video games, old and new. Bring your favorite to share or play one of ours.



O Bridge & Pinochle Every Tuesday • 1-3 p.m. Kossmann Room • Adults

Enjoy an afternoon of card games every week. Prior experience is required. **No registration required.**

• American Mah Jongg Every Wednesday • 10 a.m.-1 p.m. Kossmann Room • Adults

Gather for this game of skill, strategy, calculation, and a certain amount of chance. Prior experience is required. **No registration required**.

© Friday Features Every Friday • 2-4 p.m. Large Meeting Room • Adults

Enjoy an afternoon at the movies. Find each week's featured film at <u>elmlib.org/friday</u>. No registration required.

♥ Canasta Every Saturday • 10 a.m.-12 p.m. Kossmann Room • Adults

Join us for a friendly game of Canasta every week. Prior experience is required. **No registration required.**

• Lyric Opera Lecture: Carmen

Sunday, March 5 • 2:30-3:30 p.m. Kossmann Room • Adults

Hear the story, learn about the composer, and listen to the music of $C\alpha rmen$.

O Scrabble Mondays, March 6, April 3, and May 1 10 a.m.-12 p.m. ⋅ Kossmann Room ⋅ Adults Play a friendly game of Scrabble. All skill

levels welcome. No registration required.

• Staying Mentally Fit Tuesdays, March 7, April 4, and May 2 1:30-2:30 p.m. • Meeting Room B • Adults

Join us for fun mental enrichment including games, puzzles, and other activities that boost memory, reasoning, and other cognitive abilities.

Pub Trivia Thursdays, March 16 and April 13 7-8:30 p.m. Offsite: Fitz's Pub (172 N Addison Ave) Adults Age 21+

Test how much you know with a pub quiz and compete for prizes! Bring a group of up to six people or let us match you up with a team.

◎ In Stitches Needleworkers Tuesdays, March 14, April 11, and May 9 12-2 p.m. • Gathering Room • Adults

Knitters, crocheters, and needleworkers of all skill levels: bring a project on which to work, share knowledge with others, and have fun!

No registration required.

Ciao Italia! Mondays, March 20, April 17, and May 15 7-8:30 p.m.

Kossmann Room + Live on Zoom • Adults

Improve your Italian language skills while exploring a different aspect of Italian culture each month. All skill levels welcome.

© Coloring for Mindfulness Tuesdays, March 21, April 18, and May 16 2-3 p.m. • The Makery • Adults

Choose from beautiful designs and become absorbed in the joy of coloring. **No registration required.**

O Chair Yoga

Fridays, March 24, April 28, and May 26 11:30 a.m.-12:30 p.m. • Large Meeting Room Adults

Join a certified yoga instructor for a series of simple movements to strengthen and stretch your whole body while comfortably seated in a chair. No prior yoga experience required.

O Bingo

Wednesday, April 19 • 2-3 p.m. Large Meeting Room • Adults

Join us for a few rounds of Bingo and compete for prizes!

CREATE

Register for programs at elmlib.org/events unless otherwise noted.

• Needle Felted Succulents The Makery • Adults

Learn needle felting, a simple process to turn wool roving into beautiful succulents. **Registration starts Feb. 18.**

Tuesday, March 7 • 10:30 a.m.-12 p.m.
 Wednesday, March 8 • 6:30-8 p.m.

O Art Therapy Wednesday, March 15 • 2-3 p.m. Large Meeting Room • Adults

Learn how art can improve mental wellness, then unwind with coloring books and other forms of art therapy while enjoying friendly conversation and soothing music. **Registration starts Feb. 18.**

• Mini Piñatas

The Makery · Adults + Grades 6-12 Create a mini piñata perfect for all of your

party needs. Registration starts Feb. 27. Monday, March 20 • 5:30-6:30 p.m. Monday, March 20 • 7:30-8:30 p.m.

• Makery 101

The Makery • Adults + Grades 6-12 Learn the basics of popular Makery equipment.

Registration with an EPL card required.
3D Printing Basics

- Wednesday, March 22 6:30-8 p.m. Registration starts March 1.
- Sewing Basics Monday, April 17 · 6-8 p.m.
 Registration starts March 27.
- Laser Cutter Basics Wednesday, May 10 • 6:30-8 p.m. Registration starts April 19.

• Mandala Painting The Makery • Adults • Grades 9-12

Learn to create your own mandala that can be used for mindfulness and relaxation. **Registration starts March 22.**

Wednesday, April 12 • 5:30-6:30 p.m.
 Wednesday, April 12 • 7-8 p.m.

© Celebrations Showcase Saturday, April 22 • 1-4 p.m. Large Meeting Room • All Ages

Explore the many ways you can use Library resources to help with your next celebration! Discover party-planning ideas and ways to save money, plus browse dozens of items made with Makery equipment. Whether you're hosting a wedding, birthday, anniversary, graduation, potluck, or beach party, we've got you covered! **No registration required.**

• Framed Earring and Pin Display The Makery • Adults

Create a unique display for your earrings or pins made from an upcycled picture frame. Registration starts April 10. Monday, May 1 • 4-5 p.m. Monday, May 1 • 6:30-7:30 p.m.

Floral Watercolors The Makery · Adults

Embrace spring and paint a botanic floral and learn some fun watercolor techniques. Registration starts April 17.

Monday, May 8 • 4-5:30 p.m.
 Monday, May 8 • 6-7:30 p.m.

• DIY Dry Erase Board Wednesday, May 17 • 2-3:30 p.m.

Large Meeting Room • Adults Create a personalized dry erase board to

organize your life.

Registration starts April 26.



Book a reservation during Makery hours to learn a new skill. One reservation per Library card, one kit per reservation, while supplies last. Book your session online at <u>elmlib.org/MakeryCraft</u>.

• Sublimation Stickers March 7-31 • The Makery Adults • Grades 6-12

Practice with the sublimation printer by creating a sheet of personalized stickers. You provide the picture, the Makery supplies the rest.

• Chocolate Molds April 11-30 • The Makery Adults + Grades 6-12

Get ready for Mother's Day! Use the Mayku Formbox to create a chocolate mold. All materials provided.

O Laser Bookmarks

May 9-31 • The Makery Adults • Grades 6-12 Cut out a bookmark on the Laser Cutter. All materials and design files provided.



THE MAKERY

The Makery is a do-it-yourself makerspace for hands-on experiential learning. Some popular projects include:



• Etch a charcuterie board or wine glass using the laser cutter



Customize a mug using the sublimation printer

Customize t-shirts using heat transfer vinyl and the Cricut

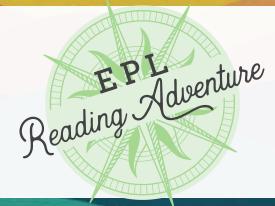
Submit a design for 3D printing

Learn more at <u>elmlib.org/Makery</u>

BOOK DISCUSSIONS

Books available at the Library for EPL cardholders. Find digital books at **elmlib.org/ebooks**.

Register for programs at <u>elmlib.org/events</u> unless otherwise noted.

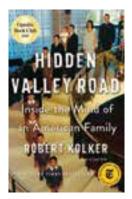


Expand Your World, One Book at a Time

To get on board, register for the EPL Reading Adventure in Beanstack at <u>elmlib.org/beanstack</u> and read a book that will teach you something new.

Find book title suggestions in the Beanstack challenge. After you read your book, you can tell us about your voyage by writing a review.

By completing the challenge, you will be entered into a drawing for a \$25 Elmhurst City Centre gift card.



Hidden Valley Road: Inside the Mind of an American Family by Robert Kolker

Gathering Room + Live on Zoom • Adults ■ Thursday, March 16 • 1-2:15 p.m.

■ Thursday, March 16 • 7-8:15 p.m.

In this haunting, well-researched true story, six of a seemingly model American family's twelve children are diagnosed with schizophrenia, leading to their becoming some of the first to be studied by the National Institute of Mental Health. This compassionate narrative reveals the trauma suffered by the Galvin family and how they contributed to research on the treatment, prediction, and eradication of the disease.

When TW FEATHERS FEATHERS FELL SKY Marynar Varde

When Two Feathers Fell from the Sky by Margaret Verble Gathering Room + Live on Zoom • Adults ■ Thursday, April 20 • 1-2:15 p.m.

■ Thursday, April 20 • 7-8:15 p.m.

After a young Cherokee horse diver is involved in a disaster at Glendale Park Zoo's Wild West Show in 1920s Nashville, strange occurrences begin. Spirits start appearing, an odd admirer lurks, and unexpected friendships develop in this historical fiction book by a Pulitzer Prize finalist.



Trading Titles Gathering Room + Live on Zoom • Adults Thursday, May 18 • 1-2:15 p.m. Thursday, May 18 • 7-8:15 p.m.

Love books? Love to talk about books? Love to hear about new books? This is the group for you! How it works: read whatever you want, then attend the event to share your thoughts about it.

Learn & Grow Book Discussions

- Keep Sharp: Build a Better Brain at Any Age
 - by Sanjay Gupta, M.D.
 - Thursday, March 9 · 7-8:15 p.m.

Gathering Room + Live on Zoom • Adults Discover all of the latest tips and tricks for keeping your brain at its best from a renowned neurosurgeon. It's never too early to start preventing cognitive decline!

The Well-Gardened Mind: The Restorative Power of Nature by Sue Stuart-Smith Thursday, April 13 • 7-8:15 p.m.

Gathering Room + Live on Zoom • Adults Find out how and why gardening can make you feel calmer and more energized, and how important it is for us to seek a closer relationship with nature. The author, a psychotherapist and gardener, shares the psychology and neuroscience about the many benefits of working with plants.

The Power of Geography: Ten Maps that Reveal the Future of Our World by Tim Marshall Thursday May 14, 7, 8, 15, a.m.

Thursday, May 11 • 7-8:15 p.m.

Outer Space.

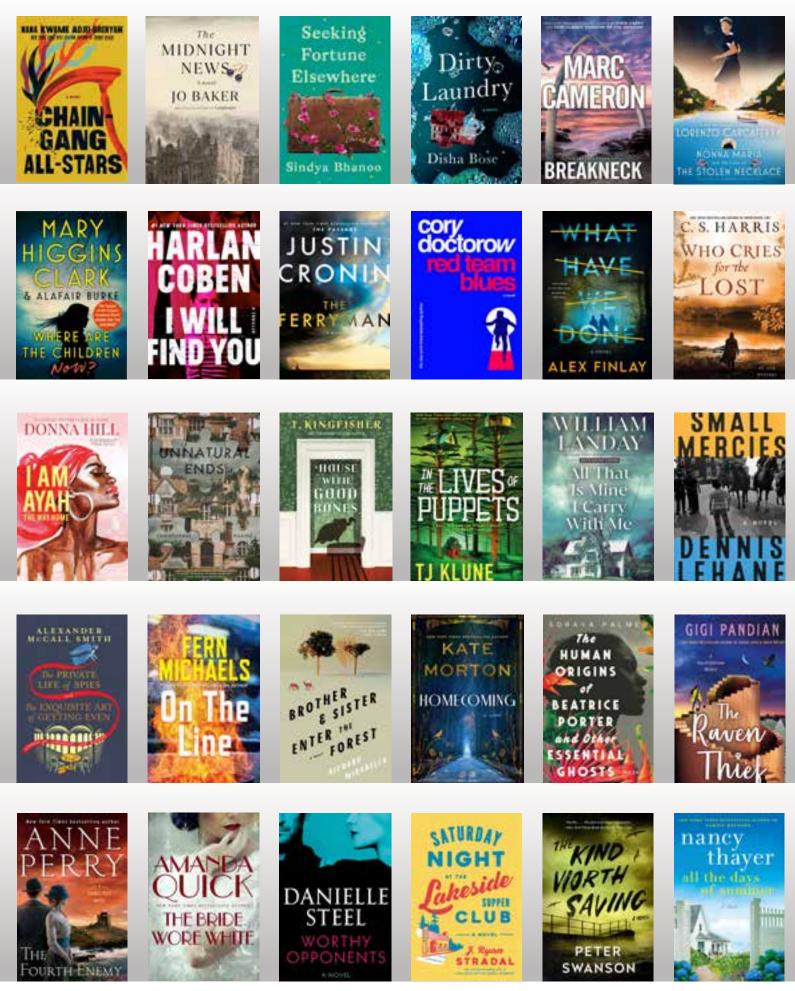
Gathering Room + Live on Zoom • Adults The author of the best-selling *Prisoners* of Geography explores geopolitical challenges in today's world and in the future, by presenting ten maps of regions including Saudi Arabia, Turkey, Greece, the United Kingdom, the Sahel,

Spain, Australia, Iran, Ethiopia, and

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Created as part of an Eagle Scout service project, Adventure Backpacks offer guidance and tools to explore the outdoors. These materials provide people of all ages a jumping-off point to spark curiosity about nature. Themes to explore include:



BOARD OF TRUSTEES Marsha Baker, President Ingrid Becton, Vice President Jane Chornij, Secretary Taylor Holop Carol Jacobsen Teresa Menolascino William Ryan Susan Sadowski **Bill Shanklin**

LIBRARY BOARD MEETINGS Third Tuesday of each month 7 p.m. at the Library

ADMINISTRATION Mary Beth Harper, Director Marcy Rodriguez, Assistant Director LIBRARY CLOSED Sunday, April 9 • Easter Monday, May 29 • Memorial Day HOURS M-F: 9 a.m. to 9 p.m. Sat: 9 a.m. to 5 p.m. Sun: 1 p.m. to 5 p.m.

