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ELMHURST PUBLIC LIBRARY

SPRING 2025



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ADA Accommodations: Available for programs and Library visits. Call (630) 279-8696 or email reference@elmlib.org.

Photo Policy: Visitors may be photographed. These photos are for Library use and may be published in Library publicity materials. Notify staff if you do not wish to be photographed.



EPL

IN THE

COMMUNITY

SERVICES FOR SENIORS

Library staff provided tech help for residents and their personal devices at a senior living facility.

SCHOOL VISITS

My son spotted his favorite librarian visiting his grade school. For him, it was like a celebrity sighting!

HOMEBOUND DELIVERY

Getting library materials delivered was a lifesaver while I was healing from surgery and on bedrest.

We live in a vibrant community!

Reaching out to you, our community, is one way we spread the word that the Library is here for everyone.

From time to time, you'll see our staff out and about in Elmhurst: visiting schools, retirement communities, or attending community events. We might be sharing a story, letting you know about some of our collections and services, or inviting you to one of our many programs. We are always happy to bump into you around town: if you see us, ask us a question, or just stop by and say hello!

Throughout 2025, we'll be highlighting the different ways EPL reaches out to our community – in some visible and not-so-visible ways. Stay tuned!

MY EPL

1 Mac & Cheese, Kids' Library ambassadors



2 Chewbee, Admin



3 Mischa, Circulation



4 Charlie, Circulation



5 Maggie, Circulation



6 Asta, Adult Services



7 Zoe, Makery



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17 Link, Marketing

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19 Sanji & Nami, Adult Services

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21 Kylo, Kids' Library

22 Pepper, Marketing

23 Charlie, Building & Grounds

24 Prince, Adult Services

25 Popper & Blue, Admin

26 Finn, Trixie, & Rosie, Marketing

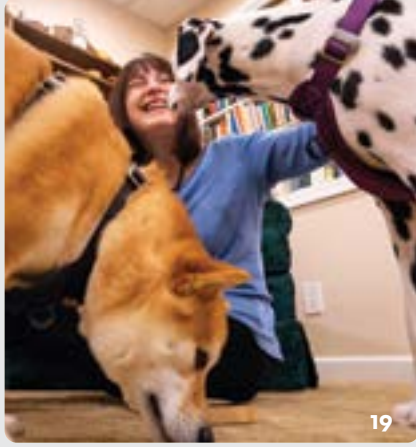
27 Elsa, visiting therapy dog

28 Riley, Kids' Library and Adult Services

29 Nash, Kids' Library

30 Kenobi, Kids' Library

STAFF PETS!



Want your pet featured in our marketing materials? Email marketing@elmlib.org with a good quality photo of your pet posing with a book or myEPL merch, along with their name and any other details you'd like to share.

STORYTIME



Spring Weekly Storytimes

MARCH 1 – MAY 31

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
Mother Goose & Me Newborn-11 months w/ adult 9:30-10 a.m. Kids' Program Room *No session May 26 <i>EPL card not required</i>	Little Wiggles Families (best for ages 1-5) 9:30-10 a.m. Large Meeting Room	Romp and Rhyme Infants-age 2 w/ adult 9:30-10 a.m. Kids' Program Room *No sessions in May	Fun for 3s, 4s, and 5s Ages 3-5 9:30-10:15 a.m. Kids' Program Room *No sessions in May	Little Wiggles Families (best for ages 1-5) 9:30-10 a.m. Large Meeting Room	Romp and Rhyme Infants-age 2 w/ adult 9:30-10 a.m. Kids' Program Room

Storytime tickets are available starting at 9 a.m. the morning of the program and require an EPL card unless otherwise noted.

Ticketed Programs

Tickets available with an EPL card starting at 9 a.m. the morning of the program.

Baby Play Date

Saturdays, March 1, April 5, and May 3

11-11:30 a.m. • Kids' Program Room • Families

Meet other parents and caregivers of newborns as we share rhymes, read a story, and play together.

Polish/English Bilingual Storytime

Monday, March 10 • 10:30-11 a.m.

Kids' Program Room • Families

Share stories, rhymes, and songs in English and Polish.

Spring Family STREAM Storytime

Wednesday, May 14 • 9:30-10:15 a.m.

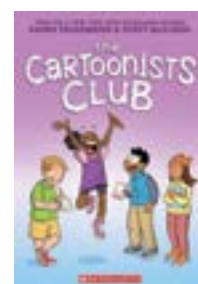
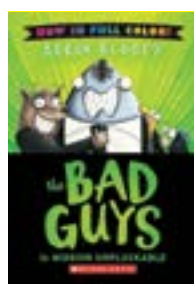
Kids' Program Room

Families (best for ages 1-5)

Come celebrate all things spring with this STREAM-focused nature storytime.

Coming Attractions

Reserve your copy online:
elmlib.org/KidsNewBooks



C.I.T.Y. of Support Playgroup

**Tuesdays, March 11, April 8, and May 13
4-5 p.m. • Kids' Program Room • Families**

This inclusive playgroup is for children who receive or are considering therapy services. Children play with various developmental toys and crafts while families meet and find support. Siblings welcome. Presented in partnership with C.I.T.Y. of Support. Facilitated by Amy Mishima, C.I.T.Y. of Support and Ellen Karalis MA, BCBA.

No registration required.

Family Sensory Hour

**Sundays, March 16, April 13, and May 18
12-1 p.m. • Kids' Library • Families**

The Family Sensory Hour offers the opportunity for children with special needs to use the Kids' Library in a safe and welcoming environment before the Library opens.

Mini Makers: T-Shirt Design

The Makery • Ages 3-5 w/ adult

Color your own design and see it transferred onto a t-shirt for you to keep. This is a one-on-one class for grown-up and child. Additional children cannot be accommodated.

Register for one session only.

■ **Monday, March 17 • 6:30-7:30 p.m.**

■ **Wednesday, March 19 • 6:30-7:30 p.m.**

Dig in to Play: Toddler Sensory Time

Saturdays, March 22 and April 26

11-11:45 a.m. • Meeting Room A

Ages 1-3 w/ adult

Dress for some messy fun at the Library! Drop in to explore a variety of sensory stations with your toddler. Siblings welcome. No registration required.

Picture Book Parade

Friday, March 28 • 10-10:30 a.m.

Kids' Library • Families

Dress up as a book character or bring your favorite book to our Picture Book Parade! No registration required.

Spring Break Movies

Kids' Program Room • Families

Bring a blanket to sit on and enjoy a spring break movie on our big screen.

No registration required.

■ **Inside Out (2015), rated PG**

Monday, March 31 • 1-3 p.m.

■ **Wall-E (2008), rated G**

Tuesday, April 1 • 1-3 p.m.

Spring Break at the Library!

Kids' Program Room • Families

Drop in and check out our fun activities to help keep you entertained over spring break.

No registration required.

■ **Drop-In Build**

Wednesday, April 2 • 12-4 p.m.

■ **Giant Board Games**

Thursday, April 3 • 12-4 p.m.

■ **LEGO Fun**

Friday, April 4 • 12-4 p.m.

Glow in the Dark Fun

Wednesday, April 2 • 6:30-7:15 p.m.

Meeting Room A • Ages 3-5 w/ adult

Get your glow on with a storytime and hands-on activities in the dark! Practice counting, writing, and other important literacy skills in an illuminating new way. Siblings welcome.

Addressing School Anxiety

Thursday, April 3 • 11 a.m.-12 p.m.

**Large Meeting Room + Live on Zoom
Adults**

Jennifer DeBosschere of Patchwork Therapy discusses the difference between school avoidance and school refusal, the research behind school avoidance, and strategies to deal with school avoidance as a parent.

Celebrate Holi

Saturday, April 12 • 10-11:30 a.m.

Large Meeting Room • Families

Holi is a vibrant and beautiful festival filled with joy, fun, and colors. Join us for storytelling, music, dance, and a color throw. See p. 17 for details.

Explore the Spring Night Sky

Tuesday, April 22 • 7-7:45 p.m.

Kids' Program Room • Families

Learn about the spring night sky and what you can see above you. Weather permitting, we will use a telescope to look at the moon!

Día de los Niños/Día de los Libros

Thursday, April 24 • 6-7 p.m.

Large Meeting Room • Families

Enjoy this Spanish/English bilingual storytime as we celebrate children and reading.

No registration required.

Drool-Worthy Baby Bibs

Monday, May 5 • 10-10:30 a.m.

Kids' Program Room • Families

Following a special Baby Day storytime, personalize a baby bib with felt cutouts. Materials provided.

Firefly Family Theatre: The Kindness Garden

Wednesday, May 7 • 10-10:45 a.m.

Large Meeting Room • Families

Join Spark the Firefly and all her friends for stories and songs all about spring and the power of kindness.

Tickets available with an EPL card starting at 9 a.m. the morning of the program.

Getting Started with T-Trak Model Trains

Saturday, May 10 • 9:30 a.m.-2:30 p.m.

Kids' Library • Families

See model trains built with T-Trak, and learn how to get started with members of the Elmhurst T-Trak Club.

No registration required.

Summer Reading Party

**Saturday, May 31 • 10 a.m.-2 p.m.
Kids' Library • Families**

Celebrate Summer Reading and the start of summer! Pick up summer reading logs for the whole family, check out books, and have fun! Enjoy free face painting, games, crafts, and balloon creations.

No registration required.

EARLY ELEMENTARY (GRADES K-2)

Register for programs at elmlib.org/events unless otherwise noted.

For All Grades

Read to the Dogs

**Saturdays, March 8 and April 12
2-3:30 p.m. • Kids' Program Room
Grades K-8**

Bring a book or choose one of ours, and read aloud to a visiting therapy dog. Register with your EPL card to reserve a 15-minute spot.

Homeschool Explorers

**Tuesdays, March 11, April 8, and May 13
1-2:30 p.m. • Grades K-12**

Join us for a variety of hands-on activities each month. For topics and locations, visit elmlib.org/HomeschoolEvents.

STEM Club

**Thursdays, March 13, April 10, and
May 8 • 4-4:45 p.m.
Kids' Program Room • Grades K-5**

Explore science, technology, engineering, and math through hands-on activities and games. No registration required.

Kids' Chess Club

**Sundays, March 16, April 13, and
May 18 • 1:30-2:30 p.m.
Kids' Program Room • Grades K-5**

Learn the basics of chess with an instructor and use your skills with other players. Beginners welcome. Tickets will be available starting at 1 p.m. the day of the program and require an EPL card.

Spring Writing Contest Winners Read Their Stories

**Saturday, April 26 • 2-3 p.m.
Large Meeting Room
Families (best for Grades K+)**

Be prepared to be impressed! Winners of the Spring Writing Contest share their clever tales. No registration required.

Flower Fun

**Tuesday, March 4 • 4-4:45 p.m.
Kids' Program Room • Grades K-2**

Join us in reading *The Boy with Flowers in His Hair* and *Flora Forager ABC*, then create flower petal placemats. Pick off a few petals and let's get crafting!

Tech Playground

**Thursday, March 20 • 4-4:45 p.m.
Kids' Program Room • Grades K-2**

Check our tech out! Get some hands-on experience with robotics, circuits, and more.

Make with Me: T-Shirt Design

The Makery • Grades K-2 w/ adult

Color your own original design and see it transferred onto a t-shirt for you to keep. This is a one-on-one class for grown-up and child. Additional children cannot be accommodated.

Register for one session only.

■ **Monday, April 14 • 6:30-7:30 p.m.**

■ **Wednesday, April 16 • 6:30-7:30 p.m.**

Reading Clubhouse: *The Wild Robot*

**Thursday, April 24 • 4-4:45 p.m.
Kids' Program Room • Grades K-2**

Join us as we talk about the book series, *The Wild Robot* by Peter Brown, and enjoy fun activities together.

Grow, Sprout, Grow

**Tuesday, April 29 • 4-4:45 p.m.
Kids' Program Room • Grades K-2**

We will read the book *Plant the Tiny Seed* and make a mini greenhouse. Learn what a seed needs to thrive and watch your greenhouse sprout!



OLDER ELEMENTARY (GRADES 3-5)

Register for programs at elmlib.org/events unless otherwise noted.

Infinitecraft

Wednesday, March 5 • 4-4:45 p.m.
Kids' Computer Lab • Grades 3-5

Join us in the Kids' Computer Lab to play Infinitecraft, an online sandbox game. You can make anything in the world with just water, earth, fire, and wind!

Art Studio

Tuesday, March 25 • 4-4:45 p.m.
Kids' Program Room • Grades 3-5

Learn about Japanese artist Yayoi Kusama, known for her extensive use of polka dots and for her infinity installations, then create artwork inspired by her style.

LEGO Stop Motion Filmmaking

Kids' Program Room • Grades 3-5

Create some handmade animations using our iPads and the free Stop Motion Studio app. We'll use LEGO to make our scenes.

Register for one session only.

- **Monday, April 7 • 4-5 p.m.**
- **Wednesday, April 9 • 4-5 p.m.**

Graphic Novel Club

Thursday, April 17 • 4-4:45 p.m.

Kids' Program Room • Grades 3-5

Join us to discuss *Squished* by Megan Wagner Lloyd and enjoy fun activities. Stop by the Kids' Library to pick up a copy of the book.

Maker Kids: T-Shirt Design

The Makery • Grades 3-5

Looking for a Mother's Day gift idea? Come and create a special t-shirt for mom using the sublimation machine in the Makery. Shhh, it's a surprise!

Register for one session only.

- **Wednesday, April 30 • 6:30-7:30 p.m.**
- **Wednesday, May 7 • 6:30-7:30 p.m.**



Spring Writing Contest

Submit Your Story

March 1-April 7

Delight us with an original short story or poem, 15 sentences or less. Choose one of our prompts or create your own spring-themed idea. Winners get a Barnes & Noble gift card, a spot in our *Kids' Ink* magazine, and an opportunity to read their entry live in the Library on Saturday, April 26. Deadline for entries is Monday, April 7. **Submit online at elmlib.org/writing.**

Spring Writing Contest Winners Read Their Stories

Saturday, April 26 • 2-3 pm • Large Meeting Room • Families (best for Grades K+)

Be prepared to be impressed! Winners of the Spring Writing Contest share their original stories or poems.

No registration required.

WRITING PROMPTS

I knew there were leprechauns in Ireland, but I never expected to see one in ...

Write a story about a flower that is the last to bloom.

Write a story about a ladybug, a raindrop, and a seed.



MIDDLE SCHOOL

Register for programs at elmlib.org/events unless otherwise noted.

Middle School Influencers Mondays, March 3, April 7, and May 5 6-7 p.m. • Middle School Hangout Grades 6-8

Middle School Influencers is a group for middle school students to become more involved in the Library. Join us for snacks, games, crafts, and more! Service hours are awarded for each meeting.

Mario Kart Bracket Tournament Friday, March 14 • 6-7:30 p.m. Kids' Program Room • Grades 6-8

Put your video game skills to the test. Join in a Mario Kart bracket tournament. Pizza and drinks provided. Winner will receive a \$50 Target gift card.

Making Blankets for Project Linus

Saturday, March 15 • 1-2:30 p.m.
Large Meeting Room • Grades 6-8

Join us in making blankets to be donated to Project Linus, a non-profit organization that provides handmade blankets and afghans to children in need. Earn service hours and have fun with your friends while doing something good.

Middle School Makers: Mother's Day Mugs Friday, May 2 • 6:30-7:30 p.m. The Makery • Grades 6-8

Need a gift for Mother's Day? Join us in the Makery to make a personalized mug for someone special.

Middle School Volunteers

The summer volunteer program will run from May 17-July 31 with a commitment of one hour each week. Assist with programs, crafts, and organizing the Kids' Library. Apply April 1-May 1 at elmlib.org/volunteer.



Middle School Coming Attractions

Reserve your copy online:
elmlib.org/MSNewBooks





Save the Date!
Summer Reading
starts May 17

Teen Mental Wellness

Sunday, March 2 • All Day

Teen Space • Grades 9-12

Stop by the Teen Space to pick up a mental wellness kit while supplies last.

No registration required.

Celebrate *Super Mario World!*

Monday, March 10 • 4-5 p.m.

Teen Space • Grades 9-12

Stop by the Teen Space to participate in a variety of fun *Super Mario World*-themed activities.

No registration required.

Homeschool Explorers

Tuesdays, March 11, April 8, and May 13

1-2:30 p.m. • Grades 6-12

Join us for a variety of hands-on activities each month. For topics and locations, visit elmlib.org/HomeschoolEvents.

Teen Crafternoon

Teen Space • Grades 9-12

We provide materials and ideas; you take home a new skill and a finished project!

No registration required.

■ **Pop Tart Plushie**

Monday, March 17 • 4-5 p.m.

■ **Recycled CD Room Décor**

Monday, April 28 • 4-5 p.m.

■ **Sublimation Bookmarks**

Monday, May 19 • 4-5 p.m.

ACT/SAT Testing Updates and Strategies for a Smarter College Search

Saturday, March 22 • 10-11 a.m.

Meeting Room B • Adults • Grades 9-12

2025 introduces significant changes to the ACT/SAT as college admissions continue to get more selective. Learn about the 2025 revamped ACT and SAT tests and how test-optional can be evaluated. We introduce new strategies to give your student the best opportunity to be admitted and maximize scholarships!

Painted Glass Tumblers

Wednesday, April 16 • 4-5 p.m.

Teen Space • Grades 9-12

Create a custom design on a glass tumbler using paint pens.

College Admission Process: Start to Finish

Saturday, April 19 • 11 a.m.-12 p.m.

Meeting Room B • Adults • Grades 9-12

The college admission process has changed dramatically in recent years. Which application deadline is best? How many college applications should a student complete? How does test-optional work? Thomas J. Jaworski of Quest College Consulting shares his expertise to help families navigate and understand the college admission process.

Teen Volunteer Program

The Teen Volunteer Program is designed to establish connections with High School teens in the community to learn real-world skills that can be applied in the future. Teens will also receive service hour credits for school or other extracurricular activities. Email ep1teen@elmlib.org for more information.

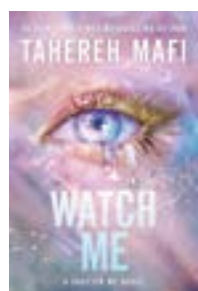


Escape Room: Critical Thinking Challenge!

Wednesday, April 30 • 4-5:30 p.m.

Gathering Room • Grades 9-12

Can you escape? Work together as a team to discover clues, solve puzzles, and maybe develop some resilience to misinformation along the way.



High School Coming Attractions

Reserve your copy online:
elmlib.org/HSNewBooks

TECHNOLOGY

Register for programs at elmlib.org/events unless otherwise noted.

Android Basics

Tuesday, March 18 • 3-4:30 p.m.

Computer Lab • Adults + Grades 9-12

Learn more about your Android device and gain new skills as we share useful apps and answer questions.

iPhone iOS

Tuesday, March 25 • 2-3:30 p.m.

Computer Lab • Adults + Grades 9-12

Learn the latest features of iOS and get helpful information about your iPhone.

Intro to Microsoft Office

Tuesday, April 8 • 3-4:30 p.m.

Computer Lab • Adults + Grades 9-12

Get a brief introduction to Microsoft Word, Excel, and PowerPoint.

Intro to the Creative Studio

Thursday, April 17 • 6-7 p.m.

Computer Lab • Adults + Grades 9-12

Learn more about what the Library's Creative Studio has to offer. See demonstrations of the audio, photography, and video equipment.

Getting Started with Streaming Services

Wednesday, April 23 • 10-11:30 a.m.

Computer Lab • Adults + Grades 9-12

Learn about available streaming platforms and how to access them.

Taking Better Pictures with Your Phone

Monday, May 5 • 6-7:30 p.m.

Computer Lab • Adults + Grades 9-12

Learn tips on how to take better pictures with your phone.

Excel Intermediate

Wednesday, May 7 • 5:30-7 p.m.

Computer Lab • Adults + Grades 9-12

Learn Excel functions and formulas that are often used in the program.

Artificial Intelligence:

Promise & Perils

Thursday, May 15 • 7-8 p.m.

Large Meeting Room + Live on Zoom

Adults

Lance Erlick presents the current state of AI, the promise, myths, threats, and what we should know about changes coming to our world.

Excel Advanced

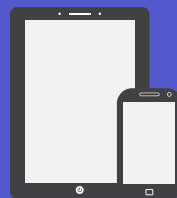
Wednesday, May 21 • 6-7:30 p.m.

Computer Lab • Adults + Grades 9-12

Learn advanced features of Excel, including PMT, XLOOKUP, Pivot Tables, and more.



Try LinkedIn Learning to learn at your own pace. Choose from thousands of online courses to learn in-demand skills from real-world industry experts. Get the app for iOS or Android. elmlib.org/LinkedInLearning



Need tech help? Just ask us! Adult Services staff is happy to help you get started. elmlib.org/AskUs



Want to gain a specific skill? Tell us what you're looking to learn. elmlib.org/tech

Building a Curiosity Mindset

Tuesday, March 18 • 7-8:30 p.m.

Meeting Room A • Adults

Discover how adopting a curiosity mindset can reshape the way you navigate stress, build stronger relationships, and effectively manage conflict. Dive into practical ways to approach challenging situations with openness and genuine interest, turning potential tension into opportunities for growth. By learning to ask the right questions and staying curious in the face of obstacles, you'll gain tools to diffuse conflicts, foster understanding, and enhance your personal resilience.

Resume Review

Adult Services • Adults

Meet with a career expert for help with your resume.

Register for a 30-minute time slot with your EPL card.

■ **Thursday, March 27 • 10-11:30 a.m.**

■ **Thursday, April 24 • 10-11:30 a.m.**

■ **Thursday, May 22 • 10-11:30 a.m.**

Terry Savage Talks Money

Wednesday, April 23 • 7-8:30 p.m.

Live on Zoom • Adults + Grades 9-12

Terry Savage provides a reality check on the volatile economy, financial markets, and personal finance topics, and answers your questions. As a registered investment advisor, Savage has no individual clients, nor does she represent any financial products or services. She is a truly independent voice for the financial consumer.

Presented with area libraries.

Email Marketing: How to Be Relevant Now

Wednesday, April 30 • 7-8:30 p.m.

Meeting Room A • Adults

Learn how to be relevant to your customers using email, what AI is bringing to the table for automating your emails, and how to make a plan, execute it, and learn from analytics to improve your click-through rate.

LinkedIn Profile Portraits

Gathering Room • Adults

Receive a digital headshot to use on LinkedIn or any other professional platform. Bring a USB flash drive to get your pictures.

No registration required.

■ **Thursday, May 22 • 12-1:30 p.m.**

■ **Thursday, May 22 • 6-7:30 p.m.**



Tax Resources

Whether you're a seasoned pro or a first-time filer, take a deep breath and know that you've got this – and EPL can help!

The Library has reproducible tax forms available to copy or print. Visit our tax display on the 2nd Floor where we have forms, J. K. Lasser books, and other resources.

Visit elmlib.org/taxes, which has links to common tax forms and information about where to find tax help. Scan the QR code to watch our EPL Highlights video for more information.



The Library does not provide tax advice.

AS WE AGE

Register for programs at elmlib.org/events unless otherwise noted.

Meet AIM-CIL

Wednesday, March 5 • 2-3 p.m.

Large Meeting Room + Live on Zoom

Adults

Meet a representative from AIM-CIL (Achieving Independence and Mobility-Center for Independent Living) who discusses their services, five core principles, philosophy, and programming.

Medicare 101

Thursday, March 6 • 7-8:30 p.m.

Large Meeting Room + Live on Zoom

Adults

Learn what Medicare covers, what it doesn't, and your potential out-of-pocket expenses, including Supplement and Advantage Plans, Part D Prescription Coverage, and cost-saving strategies.

Is It Alzheimer's or Dementia?

Monday, March 10 • 6:30-8 p.m.

Large Meeting Room + Live on Zoom

Adults

Alzheimer's disease and dementia are often used interchangeably, but the two diagnoses, while related, are remarkably different. Learn the causes and warning signs of each, as well as how to receive a diagnosis and treatment.

Understanding Social Security: Maximize the Benefits You've Earned

Wednesday, March 26 • 7-8:30 p.m.

Large Meeting Room + Live on Zoom

Adults

Greg Kurinec, CFP® and member of the Financial Planning Association, will discuss when to take benefits, working while receiving benefits, taxation and Social Security, and spousal benefits.

Caregiver's Corner

Meet Page, EPL's animatronic companion cat for seniors. Her movements and purrs are designed to bring comfort, calm, and a bit of playfulness to older adults experiencing loneliness, social isolation, or cognitive decline.



Page joins Library staff on outreach visits to help spread Library joy and information on how to help adults living with Alzheimer's or dementia. She also regularly attends Memory Cafe.

Page has friends that are available for checkout at EPL. Search our catalog for "companion pet" to place a hold on an orange tabby cat or a golden pup you can try at home.

Browse our Caregiver's Corner collection on the 2nd Floor for more items designed for adults living with Alzheimer's disease or dementia.

elmlib.org/CaregiversCorner

Planning for Retirement

Thursday, April 3 • 7-8:30 p.m.

Live on Zoom • Adults + Grades 9-12

Join John Daly, CFP®, for this information-packed session about getting ready to retire. Learn what to consider about when to retire, how much money you will need, when to take Social Security, and how to invest when you are retired.

Presented with area libraries.

Wills, Trusts, and Estate Planning

Thursday, April 17 • 7-8:30 p.m.

Large Meeting Room + Live on Zoom

Adults

Learn about wills, trusts, powers of attorney, probate, and guardianship. Take the first step to create or update a plan that is appropriate for you.



Meeting Room A • Adults

Individuals with Alzheimer's disease, dementia, or other cognitive or memory impairment disorders, along with their caregivers, are welcome to join us each month for themed activities that encourage reminiscing and spark memories.

■ **Pets**

Monday, March 17 • 1:30-3 p.m.

■ **Poetry**

Monday, April 21 • 1:30-3 p.m.

■ **Art**

Monday, May 19 • 1:30-3 p.m.





Save the Date!
Summer Reading
starts May 17

Lyric Opera Lecture:

La Bohème

Sunday, March 2 • 2:30-3:30 p.m.

Kossmann Room • Adults

Hear the story, learn about the composer, and listen to music.

No registration required.

The Supremes: Women of SCOTUS

Wednesday, March 5 • 7-8:30 p.m.

Large Meeting Room + Live on Zoom

Adults + Grades 9-12

Join Tauya Forst, Professor of Justice Studies, and Richard J. Forst, attorney, as they discuss the only six women who have been appointed to the United States Supreme Court.

Presented with AAUW.

Freedom for the Speech We Hate: A History

Tuesday, March 11 • 7-8:30 p.m.

Large Meeting Room • Adults + Grades 9-12

Words are powerful, and the United States' founding generation knew this. Historian Joyce Haworth traces the complicated and convoluted history of freedom of expression in the United States, shaped by the Constitution, political movements, landmark court cases, and sedition laws.

Edible Landscapes

Wednesday, March 12 • 7-8 p.m.

Large Meeting Room + Live on Zoom

Adults

By combining fruit and nut trees, vegetables, herbs, edible flowers, or berry bushes in aesthetically pleasing ways, edible landscapes can be just as attractive as ornamental ones. Learn how to eat your yard by creating a tasteful home landscape using edible plants.

Culture Club

Large Meeting Room + Live on Zoom

Adults

Explore the world without leaving your chair.

■ **One World: Photographs from All Seven Continents**

Thursday, March 13 • 10:30-11:30 a.m.

■ **Bermuda: Beyond the Beach**

Thursday, April 10 • 10:30-11:30 a.m.

■ **Barcelona: Jewel of the Mediterranean**

Thursday, May 8 • 10:30-11:30 a.m.

Ciao Italia

Mondays, March 17, April 21, and May 19
7-8:30 p.m.

Kossmann Room + Live on Zoom • Adults

Improve your Italian language skills while exploring a different aspect of Italian culture each month. All skill levels welcome.

Genealogy of Suffrage and Service During the Great War

Thursday, March 20 • 10:30 a.m.-12 p.m.

Meeting Room A + Live on Zoom • Adults

Genealogist Debra Dudek examines how the suffrage movement motivated women to perform military and volunteer service during the Great War and explains the best ways to find local, state, and national suffrage records to tie these stories of service together.

Meditation for Balance and Inner Contentment

Thursday, March 20 • 6:30-7:30 p.m.

Live on Zoom • Adults + Grades 9-12

Long-time meditator, Umesh Bhatia, shares a simple and natural method of meditation that will help enhance your life.

Music to Light the Darkness: Pre-Concert Lecture

Sunday, March 23 • 2:30-3:30 p.m.

Kossmann Room • Adults

Join Elmhurst Choral Union's Artistic Director and Conductor Scott Uddenberg for a behind-the-scenes look at the music, composers, and performers of ECU's upcoming concert, "Music to Light the Darkness: A Candlelight Experience."

No registration required.

Great Decisions

Large Meeting Room • Adults

Learn about critical issues facing America with Professor Gary Midkiff.

■ **U.S. Changing Leadership of the World Economy**

Tuesday, March 25 • 1:30-3 p.m.

■ **U.S.-China Relations**

Tuesday, April 22 • 1:30-3 p.m.

■ **India: Between China, the West, and the Global South**

Tuesday, May 27 • 1:30-3 p.m.

The Women Who Measured the Stars

Thursday, March 27 • 7-8:30 p.m.

Large Meeting Room + Live on Zoom

Adults + Grades 9-12

In the late 19th and early 20th centuries, women astronomers of the Harvard College Observatory calculated the distances, temperatures, and composition of the stars. However, their legacy and place in history was largely eclipsed by their male counterparts. Learn about the scientific contributions made by astronomers Henrietta Swan Leavitt, Annie Jump Cannon, and Cecilia Payne.

Navigating Student Loan Repayment

Monday, April 7 • 7-8:30 p.m.

Live on Zoom • Adults + Grades 9-12

Repaying student debt can make it difficult to balance immediate obligations with long-term financial goals, including retirement savings. Barbara Ginty, CFP® CEPA®, shares effective strategies for managing student loan repayments while also building a secure financial future.

Presented with area libraries.

The Birds and the Bees

Wednesday, April 9 • 7-8 p.m.

Large Meeting Room + Live on Zoom

Adults + Grades 9-12

Decreasing numbers of pollinators such as butterflies, moths, and bees are capturing the world's attention, as is the troubling decrease of the bird population. Jim Kleinwachter of The Conservation Foundation addresses what we can do to help both insects and birds.

Register for programs at elmlib.org/events unless otherwise noted.

Severe Weather & Storm Chasing

Monday, April 14 • 7-8 p.m.

**Large Meeting Room + Live on Zoom
Adults + Grades 6-12**

Explore the fundamentals of extreme weather with Storm Science. Discover the world of storm chasing, delve into local climatology, learn about previous tornado occurrences, and gain knowledge of severe weather safety and preparedness.

Brick by Brick: Tracing Your Home's History

Thursday, April 17 • 10:30 a.m.-12 p.m.

Meeting Room A + Live on Zoom • Adults

Genealogist Tina Beaird provides strategies for researching the history of your home using government records, newspapers, phone directories, maps, and other resources.

Be Green When You Garden

Wednesday, April 23 • 7-8 p.m.

**Large Meeting Room + Live on Zoom
Adults**

Learn simple ways to garden while conserving water and using fewer chemicals through practices such as proper plant selection, water conservation, and composting.

Knife Skills

Monday, April 28 • 7-8 p.m.

**Large Meeting Room + Live on Zoom
Adults**

Chef Susan Maddox teaches about selecting knives, proper usage of knives, and preparation of ingredients.

Where Do Constellations Come From?

Monday, May 5 • 7-8 p.m.

**Large Meeting Room + Live on Zoom
Adults + Grades 6-12**

Michelle Nichols, Director of Public Observing at Adler Planetarium, explores the history of constellations.

Home Grown: Agriculture and Life in DuPage County

Monday, May 12 • 7-8 p.m.

**Large Meeting Room + Live on Zoom
Adults + Grades 9-12**

Home Grown explores the historical methods and tools that DuPage residents used to farm and raise livestock and the impacts agriculture has had on the county's economy, society, and culture.

Mind the Gap: Filling in Holes in Genealogy Research

Thursday, May 15 • 10:30 a.m.-12 p.m.

Meeting Room A + Live on Zoom • Adults

Genealogist Suz Bates shares a tried-and-true method using a location timeline for finding holes in your research while simultaneously gleaning hints for the next step in filling in the gaps.

Hybrid with a virtual presenter.

The Untold Story Behind Mahjong

Tuesday, May 20 • 7-8 p.m.

**Large Meeting Room + Live on Zoom
Adults + Grades 9-12**

Yvonne Wolf describes the journey from China to the U.S., what the Mahjong characters represent, and the difference between Mah Jongg and Mahjong. Then learn about the cultural symbols, Chinese expressions, and cultural evolution of this internationally popular game.

How Fungi Helped Shape the Midwest

Wednesday, May 21 • 7-8 p.m.

**Large Meeting Room + Live on Zoom
Adults + Grades 9-12**

The Midwest is a vastly diverse landscape of savannahs, prairies, and dense forests. Every single plant in these ecosystems has a direct or indirect relationship with native species of fungi. Dylan T. Taylor, President and Founder of Northern Mycology Club in Chicago, explores these relationships and discusses their impact on preserving the natural world.

Handwriting Analysis for Fun & Insight

Tuesday, May 27 • 7-8 p.m.

**Large Meeting Room + Live on Zoom
Adults + Grades 6-12**

Through fun stories and detailed insights, Lorrissa Julianus shares what the size of your writing says about your ego, what your margins say about your fears, and how the spacing of your letters, words, and lines reflects your relationships.

Spring into Trivia

Friday, May 30 • 7-8:30 p.m.

Large Meeting Room • Adults

Put your knowledge to the test with some spring-themed trivia! Join in teams of up to six people.

LIBRARY INSIDERS



We welcome all Elmhurst patrons to take part in Library activities, regardless of physical or mental ability. Library Insiders programs are designed for adults with intellectual and developmental disabilities.

Next Chapter Book Club

Wednesdays, March 5, 19, April 2, 16, 30, May 14, and 28 • 6:30-7:30 p.m.

Meeting Room B • Adults

The goal of this book club is to read an entire novel by taking turns reading aloud. Anyone can join, regardless of reading ability.

Video Games

Tuesday, March 11 • 6:30-7:30 p.m.

Kossmann Room • Adults

Gather around our big screen and take turns playing or learning how to play classic video games. Everyone will get a turn!

No Shush Movie

Tuesdays, March 25, April 22, and May 27 • 10-11:45 a.m. • Gathering Room

Adults

Enjoy a movie with us! There will also be a craft provided.

Talent Show

Tuesday, April 8 • 6:30-7:30 p.m.

Kossmann Room • Adults

Let us celebrate our unique talents! Each person will get a chance to show off a hidden skill.

Fidgets with Friends

Wednesday, May 21 • 6:30-7:30 p.m.

Kossmann Room • Adults

Join us for a relaxed, creative session where you can make your very own fidget toy while connecting with others. Together, we'll explore simple techniques for managing stress and big emotions through crafting and conversation.

Matching Keychains and Pet Tags

Friday, March 7 • 7-8:30 p.m.
The Makery • Adults

Make a keychain for yourself and a matching collar tag for your furry friend.
Registration starts Feb. 22.

Memory Cafe: Pets

Monday, March 17 • 1:30-3 p.m.
Meeting Room A • Adults

Share your favorite pet memories and enjoy the company of a visiting therapy dog! A Memory Cafe is a welcoming place for a shared experience between individuals with Alzheimer's disease, dementia, or other cognitive or memory impairment disorders and their caregivers. Each session focuses on a different topic and may include activities, hands-on crafts, games, music, or educational presentations. The goal is to guide participants through exercises that encourage reminiscing and spark memories.

First Pets: American Presidents and Their Furry Family Members

Monday, March 24 • 7-8 p.m.
Large Meeting Room + Live on Zoom
All Ages

Most U.S. Presidents have had companion animals live with them at the White House. These pets have served to both unite – and sometimes divide – the nation. Pets have even played a role in international diplomacy. Revisit some of the First Pets over the last 70 years with heartwarming and sometimes surprising stories.

Service Is a Four-Legged Job

Tuesday, March 25 • 7-8 p.m.
Large Meeting Room + Live on Zoom
Adults + Grades 9-12

The differences and similarities between assistance and therapy dogs are often misunderstood. Authors and service animal handlers Jennifer Trojan and Pam Osbourne clarify the different kinds of service dogs, what they are trained to do, and their changing role in the workplace.

The Dogs of Chernobyl: A Story of Hope and Resilience

Tuesday, April 1 • 7-8 p.m.
Large Meeting Room + Live on Zoom
Adults + Grades 6-12

Thirty-five years after the nuclear accident, Stephen Quandt traveled to Chernobyl to participate in a research campaign studying the dogs that were descended from the pets left behind in 1986. Through photos and videos, Quandt shares his story of meeting the inhabitants of the mostly abandoned town of Chernobyl City, the completely abandoned city of Pripyat, and the dogs he encountered along the way.

Hybrid with a virtual presenter.

Rainy Day Enrichment for Pets

Tuesday, April 8 • 7-8 p.m.
Large Meeting Room + Live on Zoom
All Ages

Are your pets bouncing off the walls? DuPage County Animal Services provides tips and fun game ideas for when your whole family is suffering from cabin fever.

Why Do Cats Do What They Do?

Wednesday, May 7 • 7-8 p.m.
Large Meeting Room + Live on Zoom
Adults + Grades 9-12

Stephen Quandt, Feline Training and Behavior Specialist, explains cat behavior from the perspective of the evolutionary and adaptive forces that drive cat behavior and help shape their lives including the cycle of predation, the scale of confidence, the mother-kitten relationship between humans and cats, and how food affects cats and our relationships with them.

Hybrid with a virtual presenter.

GreenMan Theatre Presents: Pet Stories

Tuesday, May 13 • 7-8:30 p.m.
Large Meeting Room + Live on Zoom
Adults + Grades 6-12

The GreenMan Theatre storytellers share pet stories that celebrate our relationships with the animals we love, ranging from the hilarious to the serious, both true and untrue.

Pet First Aid Basics

Thursday, May 22 • 7-8 p.m.
Large Meeting Room + Live on Zoom
Adults + Grades 9-12

Learn how to tend to your pet in a crisis. DuPage County Animal Services covers preventative care, plus how to treat wounds, broken bones, choking, and more.



GATHER

Register for programs at elmlib.org/events unless otherwise noted.



Celebrate Holi

Saturday, April 12 • 10-11:30 a.m.
Large Meeting Room • All Ages

Holi is a vibrant and beautiful festival filled with joy, fun, and colors that is traditionally celebrated in Hinduism but now enjoyed around the world by people from all different backgrounds. This festival marks the arrival of spring, new beginnings, and the triumph of good over evil.

During the celebration, people come together to play and laugh, smearing each other with brightly colored powders. It's a time to let go of inhibitions, dance to lively music, make crafts, and throw off the gloom of winter.

Join us as the Meher Dance Company presents a special event of storytelling, music, dance, and a color throw! Be sure to come wearing white clothing to engage in the color throwing portion of the event which will be held outside, weather permitting. Dress for a mess!

Bridge & Pinochle

Every Tuesday • 1-3 p.m.
Kossmann Room • Adults

Enjoy an afternoon of card games every week. Prior experience is required.
No registration required.

American Mah Jongg

Every Wednesday • 10 a.m.-1 p.m.
Kossmann Room • Adults

Gather for this game of skill, strategy, calculation, and a certain amount of chance. Prior experience is required.
No registration required.

Friday Features

Every Friday • 2-4:30 p.m.
Large Meeting Room • Adults

Enjoy an afternoon at the movies. Find each week's featured film at elmlib.org/friday.
No registration required.

Canasta

Every Saturday • 10 a.m.-12 p.m.
Kossmann Room • Adults

Join us for a friendly game of Canasta every week. Prior experience is required.
No registration required.

Scrabble

Mondays, March 3, 17, April 7, 21, May 5, and 19 • 10 a.m.-12 p.m. • Kossmann Room
Adults

Play a friendly game of Scrabble. All skill levels welcome.
No registration required.

Staying Mentally Fit

Tuesdays, March 4, April 1, and May 6
1:30-2:30 p.m. • Meeting Room B • Adults

Join us for fun mental enrichment including games, puzzles, and other activities that boost memory, reasoning, and other cognitive abilities.

Trading Card Games

Friday, March 7 • 7-8:30 p.m.
Large Meeting Room • Adults

Join us for a night of trading card games, including Magic: The Gathering and Pokémon! No experience necessary.

In Stitches Needleworkers

**Tuesdays, March 11, April 8, and May 13
12-2 p.m. • Gathering Room • Adults**

Knitters, crocheters, and needleworkers of all skill levels: Bring a project, share knowledge with others, and have fun!

No registration required.

Bingo

**Tuesdays, March 11, April 8, and May 13
3:30-4:30 p.m. • Large Meeting Room
Adults**

Join us for a few rounds of Bingo and compete for prizes!

Chair Yoga

**Fridays, March 14, 28, April 11, 25, May 9,
and 23 • 11:30 a.m.-12:30 p.m.
Large Meeting Room • Adults**

Join a certified yoga instructor for a series of simple movements to strengthen and stretch your whole body while comfortably seated in a chair. No prior yoga experience required. **Registration opens 2 weeks before each session.**

Coloring for Mindfulness

**Tuesdays, March 18, April 15, and May 20
2-3 p.m. • Gathering Room
Adults + Grades 9-12**

Choose from beautiful designs and become absorbed in the joy of coloring.

No registration required.

Art Therapy Night

**Friday, April 4 • 7-8:30 p.m.
Large Meeting Room • Adults**

Unwind with coloring and other forms of art therapy while enjoying friendly conversation and soothing music. Bring your own materials or use ours.

Board Game Night

**Friday, April 18 • 6:30-8:30 p.m.
Large Meeting Room • Adults**

Join us for a night of open gaming with other board game fans. Bring your own game to share or play one of ours.

Chamber Concert

**Friday, April 25 • 7-8:30 p.m.
Large Meeting Room
Adults + Grades 6-12**

Hear live music performed by musicians from the Performing Arts Department at York High School.

No registration required.

Escape Room: Critical Thinking Challenge!

**Wednesday, April 30 • 7-8:30 p.m.
Gathering Room • Adults + Grades 9-12**

Can you escape? Work together as a team to discover clues, solve puzzles, and maybe develop resilience to misinformation along the way.

Plug In & Play

**Friday, May 2 • 7-8:30 p.m.
Large Meeting Room • Adults**

Join us for a night of video games, old and new. Bring your favorite to share or play one of ours.

Game Day

**Wednesday, May 21 • 2-4 p.m.
Large Meeting Room • Adults**

Have some fun with board, card, and party games! Bring your favorite game to share or play one of ours.

No registration required.

Spring into Trivia

**Friday, May 30 • 7-8:30 p.m.
Large Meeting Room • Adults**

Put your knowledge to the test with some spring-themed trivia! Join in teams of up to six people.



CREATIVEBUG: SELF-CARE

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Handmade Candles: Two Ways



Gratitude Art Journal: A Daily Practice



Flower Pounding on Paper



Bath Bombs



Make an Herbal Infused Body Oil



Make Hand and Body Salves



DIY Nail Art



Keeping a Sketchbook: A Daily Practice



Painting Abstract Florals



Garden Journaling



Creativebug Slow TV: Fabric Meditations



Make Art Where You Are: A Daily Practice

Makery 101

The Makery • Adults + Grades 9-12

Learn the basics of the Makery's machines and tools.

Sublimation Basics

■ **Monday, March 3 • 10-11:30 a.m.**

Registration starts Feb. 22.

Laser Engrave a Glass

■ **Monday, March 10 • 10-11:30 a.m.**

Registration starts Feb. 24.

Sewing Basics

■ **Monday, April 14 • 10 a.m.-12 p.m.**

Registration starts March 31.

Laser Cut a Coaster

■ **Wednesday, April 23 • 6-7:30 p.m.**

Registration starts April 9.

Laser Engrave a Glass

■ **Wednesday, May 14 • 6-7:30 p.m.**

Registration starts April 30.

Cricut Basics

■ **Monday, May 19 • 10-11:30 a.m.**

Registration starts May 5.

Matching Keychains and Pet Tags

Friday, March 7 • 7-8:30 p.m.

The Makery • Adults

Make a keychain for yourself and a matching collar tag for your furry friend.

Registration starts Feb. 22.

Watercolor Crocuses

The Makery • Adults + Grades 9-12

Learn to paint beautiful crocus flowers with watercolors to welcome the spring season.

■ **Monday, March 10 • 2-3 p.m.**

■ **Monday, March 10 • 7-8 p.m.**

Registration starts Feb. 22.

Register for one session only.

Pressed Flower Lanterns

Wednesday, March 19 • 2-3:30 p.m.

Large Meeting Room • Adults

Use pressed flowers to make unique spring decor.

Registration starts March 5.

Yarn Wreath

The Makery • Adults + Grades 6-12

Bring some spring color into your home with a lovely pastel wreath made of yarn.

■ **Wednesday, March 26 • 5:30-6:30 p.m.**

■ **Wednesday, March 26 • 7-8 p.m.**

Registration starts March 12.

Register for one session only.

Art Therapy Night

Friday, April 4 • 7-8:30 p.m.

Large Meeting Room • Adults

Unwind with coloring and other forms of art therapy while enjoying friendly conversation and soothing music. Bring your own materials or use ours.

Creative Cardmaking

The Makery • Adults

Join us for step-by-step instruction to create a unique card.

■ **Monday, April 7 • 10:30-11:30 a.m.**

■ **Monday, April 7 • 1-2 p.m.**

Registration starts March 24.

Register for one session only.

Mushroom Jars

The Makery • Adults

Transform a plain glass jar into a mystical mushroom to store trinkets.

■ **Wednesday, April 9 • 6-7 p.m.**

■ **Wednesday, April 9 • 7:30-8:30 p.m.**

Registration starts March 26.

Register for one session only.

Foundations of Watercolor with Karen Exiner

Wednesday, April 16 • 2-4 p.m.

Large Meeting Room • Adults

Local artist Karen Exiner teaches the fundamentals of creating a watercolor painting, including how to mix colors and use various texture techniques and effects.

Registration starts April 2.

Coptic Bookbinding

The Makery • Adults + Grades 9-12

Create a hand-bound book with the simple yet elegant chain stitch.

■ **Monday, April 21 • 6-8 p.m.**

■ **Monday, April 28 • 6-8 p.m.**

Registration starts April 7.

Register for one session only.

Crafting Calm: Fidgets & Self-Care Kits

Tuesday, May 6 • 7-8 p.m.

Meeting Room A • Adults

Take time for yourself in this hands-on workshop where you'll create your own fidget toys and self-care kits. Learn practical self-care strategies while crafting tools to support your mental health and well-being.

Registration starts April 22.

Pipe Cleaner Flowers

The Makery • Adults + Grades 6-12

Make a beautiful bouquet of flowers that will not wilt using colorful pipe cleaners.

■ **Monday, May 12 • 2-3 p.m.**

■ **Monday, May 12 • 7-8 p.m.**

Registration starts April 28.

Register for one session only.

Pet Rock Terrariums

Friday, May 16 • 7-8:30 p.m.

Large Meeting Room • Adults

Adopt a rock, the perfect low-maintenance pet, and create a pocket-sized home for them!

Registration starts May 2.

Polymer Clay Beads

Large Meeting Room • Adults

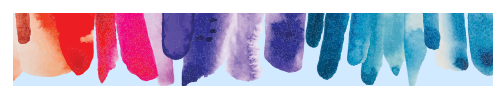
Use polymer clay and our craft ovens to create beads to make into bracelets or earrings.

■ **Wednesday, May 28 • 2-3:30 p.m.**

■ **Wednesday, May 28 • 7-8:30 p.m.**

Registration starts May 14.

Register for one session only.



Makery Crafts

Book a reservation during Makery hours to learn a new skill. One reservation per Library card, one kit per reservation, while supplies last. Book your session online at emlib.org/MakeryCraft.

Fabric Collage

**March 11-31 • The Makery
Adults + Grades 6-12**

Registration starts March 10.

Butterflies in a Bottle

**April 8-30 • The Makery
Adults + Grades 6-12**

Registration starts April 7.

Kinetic Sculpture

**May 13-31 • The Makery
Adults + Grades 6-12**

Registration starts May 12.



BOOK DISCUSSIONS

Register for programs at elmlib.org/events unless otherwise noted.

Books available at the Library. Find digital books at elmlib.org/ebooks.

The Exceptions: Nancy Hopkins and the Fight for Women in Science by Kate Zernike

Gathering Room + Live on Zoom • Adults

This nonfiction book delves into the lives of women who broke barriers in the field of science. Read about their struggles, triumphs, and the challenges they faced along the way. Written by a Pulitzer Prize-winning journalist.



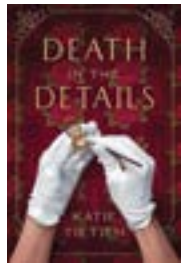
■ **Thursday, March 13 • 1-2:15 p.m.**

■ **Thursday, March 13 • 7-8:15 p.m.**

Death in the Details by Katie Tietjen

Gathering Room + Live on Zoom • Adults

Maple Bishop, a young widow living in rural Vermont during World War II, creates intricate dollhouses to sell in order to make her mortgage payments. When she finds her first customer dead, Maple investigates, aided by her earlier legal and forensic training.



■ **Thursday, April 10 • 1-2:15 p.m.**

■ **Thursday, April 10 • 7-8:15 p.m.**

Clues & Brews

Tuesday, April 29 • 7-8:15 p.m.

Bottle Theory (542 Spring Rd.) • Adults

Join us at Bottle Theory for a mystery book chat! Read a mystery of your choice to talk about with other mystery lovers in the group. Beverages and food available for purchase.

Sense and Sensibility by Jane Austen

Thursday, May 8 • 7-8:15 p.m.

Gathering Room + Live on Zoom • Adults

Follow the lives of sisters Elinor, who is practical and logical, and Marianne, who is sentimental and impulsive, as they face hardship after their father dies. The two young women must navigate heartbreak, new loves, and the expectations of their British 17th century society. Whether you've never read this classic comedy of manners or you've read it numerous times, join us for a chat during the 250th anniversary year of author Jane Austen's birth.



Friday Features: *Sense and Sensibility*

Friday, May 9 • 2-4:30 p.m.

Large Meeting Room • Adults

Join us for a screening of the 1995 film adaptation of Jane Austen's novel.

No registration required.



Where They Last Saw Her: A Novel by Marcie R. Rendon

Gathering Room + Live on Zoom • Adults

In this thriller, Quill, a Native American woman, hears a woman's scream and then silence while out on a run through a forest in northern Minnesota. She and her husband, Crow, check the area and find signs of a struggle and a beaded earring. When tribal police don't find anything in the woods, and a second woman disappears, Quill and two friends decide to investigate.



■ **Thursday, May 29 • 1-2:15 p.m.**

■ **Thursday, May 29 • 7-8:15 p.m.**

READER Central

Check out Reader Central, EPL's Readers Advisory area on the 2nd Floor, where you can find your next great read!

Reader Central is a point of discovery, where you can find great books to read and discuss. With multiple copies of each title, local book clubs can find easy access to librarian-suggested titles.

elmlib.org/ReaderCentral

Local BOOKCLUB Resources

Did you know the Library can support your book club by offering multiple copies of titles in a variety of formats? You can focus on the snacks and drinks – leave the rest to us!

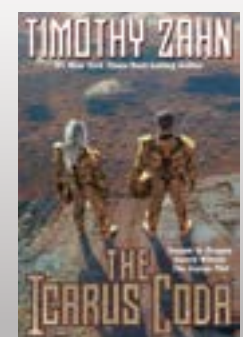
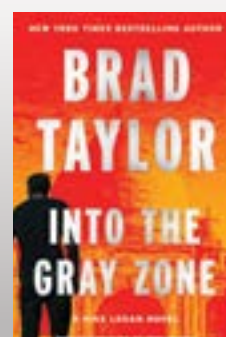
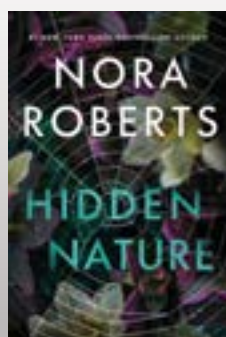
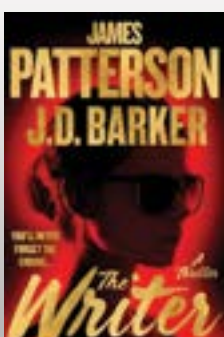
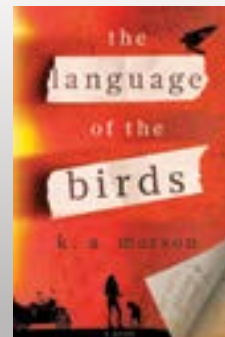
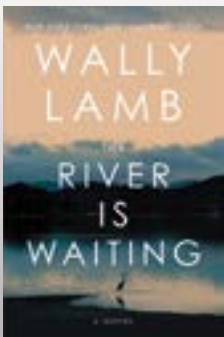
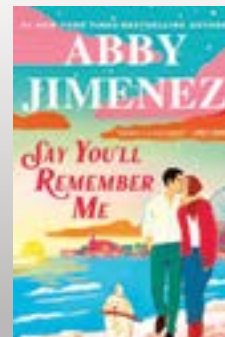
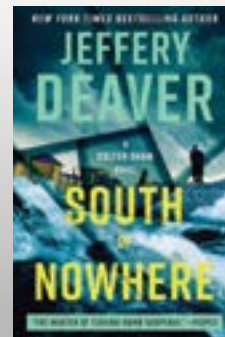
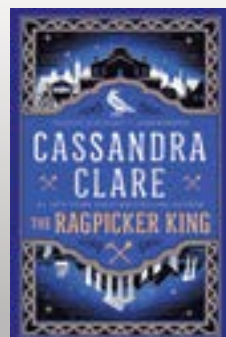
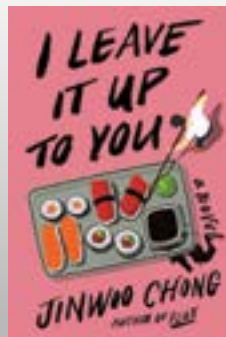
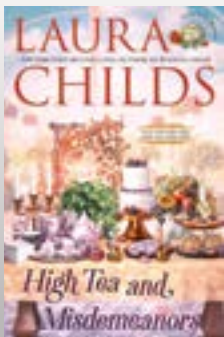
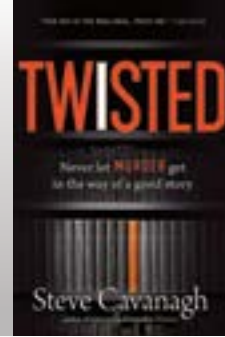
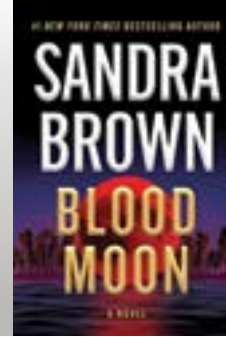
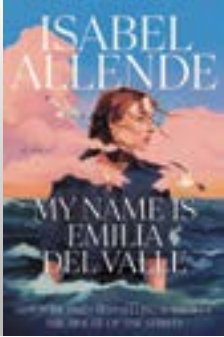
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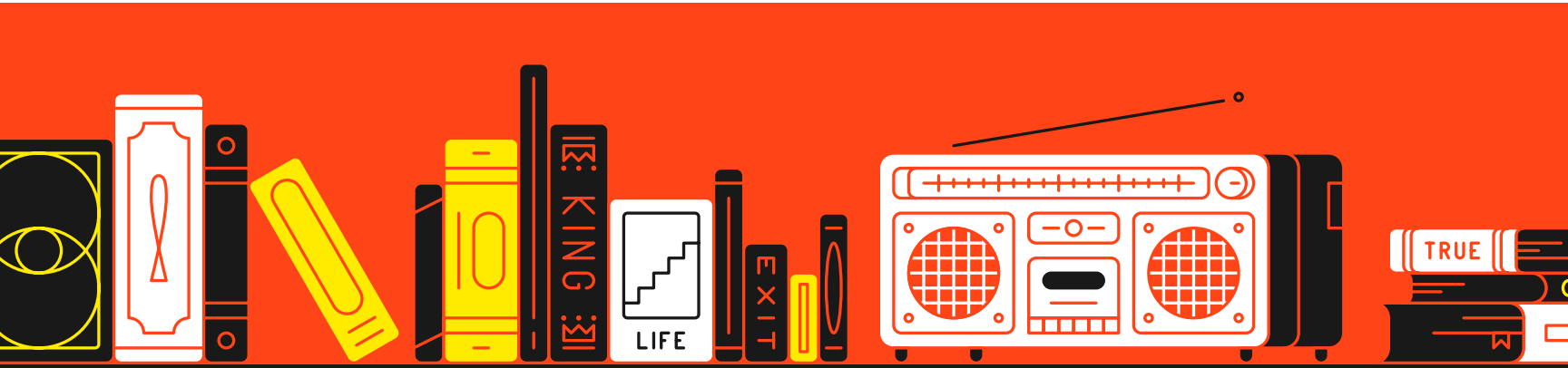
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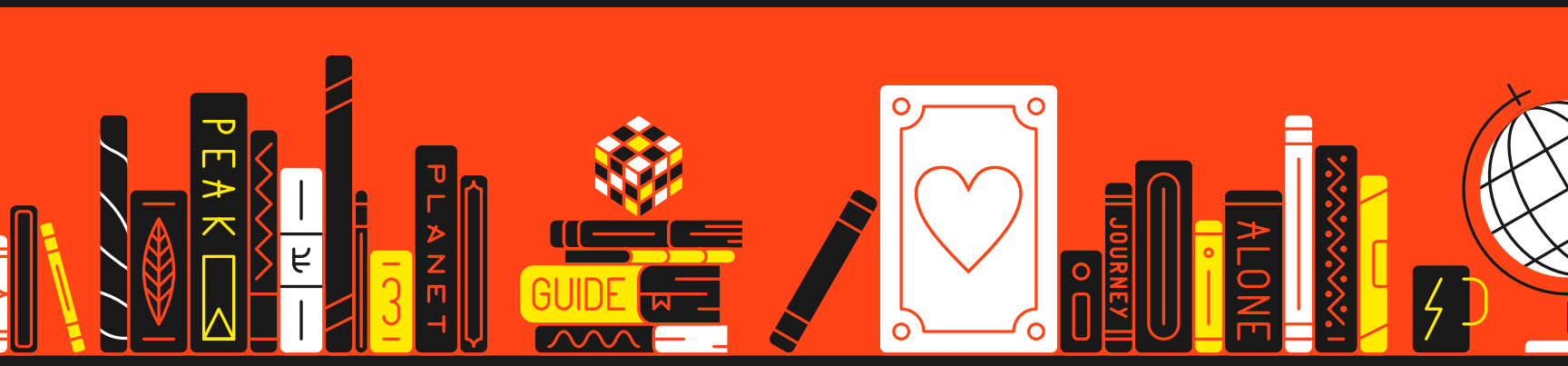
Bibliotherapy

Overwhelmed by stress? Grieving the loss of a loved one? Feeling burnt out?

Bibliotherapy, or reading therapy, uses books to help cope with life's challenges. Though it's not a replacement for therapy with a professional, the Library can be a helpful partner when life has you searching for answers.

Dealing with difficulties can be lonely and isolating. Picking up a good book, whether it's fiction or nonfiction, is a healthy way to handle what life throws at us. Reading distracts our mind and lifts our mood. Connecting with other people's stories helps us better empathize with others and it helps us know ourselves more clearly, too.

Search our catalog, browse the shelves, or ask staff for recommendations. When you're with a good book, you are not alone.



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LIBRARY BOARD MEETINGS

Third Tuesday of each month
7 p.m. at the Library

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Mary Beth Harper, *Director*
Marcy Rodriguez, *Assistant Director*

LIBRARY CLOSED

Sunday, April 20 • Easter
Monday, May 26 • Memorial Day

HOURS

M-F: 9 a.m. to 9 p.m.
Sat: 9 a.m. to 5 p.m.
Sun: 1 p.m. to 5 p.m.