

April 2, 2013

FOR IMMEDIATE RELEASE:

National Library Week at Elmhurst Public Library

Elmhurst, IL – During the week of April 14-20, Elmhurst Public Library will host a variety of events to celebrate National Library week.

Headlining the week for the Library is an author visit by A. J. Jacobs, popular Esquire writer and self-titled “stunt-journalist.” He will discuss his latest book, Drop Dead Healthy: One Man’s Quest for Bodily Perfection on April 18 at 7 p.m. at Hammerschmidt Chapel at Elmhurst College.

Jacobs will have you laughing out loud as he chronicles his adventures from trying to squeeze bulky noise-canceling headphones under a nationally sanctioned “walking” helmet to running barefoot over glass shards in New York City’s Central Park. He consulted an army of experts and subjected himself to dozens of different workouts and a cartload of diets. This record of his transformation is entertaining and might even motivate! Join us to read and discuss this true and truly hilarious story of one person’s quest to become the healthiest man in the world. His other books include The Year of Living Biblically and The Know-It-All.

Also, during the week, the Library will host its first-ever Read-a-Thon on Saturday, April 20 from 1-4 p.m. Patrons of all ages are welcome to lounge around at the Library for an afternoon of reading indulgence.

From April 14-20, EPL will accept donations of nonperishable food items in lieu of Library fines. The food collected will benefit United Community Concerns of Elmhurst. One fine will be waived for every food item, up to 5 fines. Does not apply to lost material and collection agency fees. We cannot accept food that has expired dates.

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