



HEAT GUIDE - SUBLIMATION



Ceramic Coasters

400 °F
250 sec.
Medium Pressure



Ceramic Mugs

360 °F
180 sec.
Medium Pressure



Frosted Glassware

360 °F
240 sec.
Medium Pressure



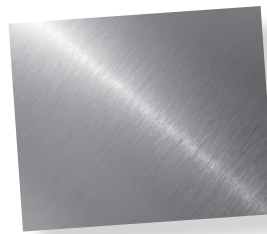
Hardboard

400 °F
60 sec.
Medium Pressure



MDF Board

400 °F
80 sec.
Medium Pressure



Metal

400 °F
60 sec.
Medium Pressure



Neoprene Koozie

400 °F
30 sec.
Light Pressure



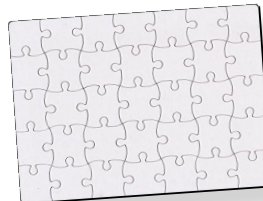
Plywood

400 °F
60 sec.
Medium Pressure



Polyester

400 °F
40 sec.
Light Pressure



Puzzle

400 °F
60 sec.
Medium Pressure



Stainless Steel Mug

375 °F
45 sec.
Medium Pressure



Sublimation Stickers

350 °F
210 sec.
Light Pressure
Teflon on Top and Bottom



Cotton

Or other non-polyester fabrics

STEP 1

Peel backing
Press EasySubli onto fabric shiny-side down

375 °F

10 sec.

Medium Pressure

STEP 2

Press design onto EasySubli

375 °F

30 sec.

Medium Pressure



HEAT GUIDE - HEAT TRANSFER VINYL (EVERYDAY IRON-ON)



100% Cotton

315 °F

30 sec.

Firm Pressure



Polyester

315 °F

30 sec.

Firm Pressure



Cotton Canvas

340 °F

30 sec.

Firm Pressure

*Recommended settings are based on Cricut Everyday Iron-On. Temperature and time may vary depending on brand and substrate. For best results, always consult the instructions provided by the manufacturer of your materials before proceeding.