

“Bear-y” Good
Books & More for
1-year-olds



at the
**Elmhurst Public
Library**

Raising a Reader!

Many parents and caregivers wonder how they can foster a love for reading and books in their very young children. The answer may be easier than you think: *start reading to your baby early and do it often, and let them see you reading!* According to the Public Library Association, “Research has found that parents who start sharing books with their babies early on have children with better language skills. In addition, children whose parents begin sharing books with them early in life develop a greater interest in and enjoyment of books.”

Listening to stories, looking at colorful, uncluttered illustrations, and holding and handling books provides babies with the stimulation needed for brain development in the areas of language and pre-reading skills.

Hearing a loving voice reading and talking to them while they are being cuddled securely is one of the most enjoyable experiences a very young child can have. Children can enjoy the rhyme and rhythm of language long before they can understand the words being read. **Remember, your voice is the most wonderful sound in the world to your baby!**

Choosing Books for Children 12–24 Months

One-year-olds like little books they can hold easily, such as board books that will withstand rough handling. Larger picture books work well for lap reading. Children this age enjoy books about babies, especially those with pictures of children their own age. Illustrations should be uncluttered and colorful. They like stories that feature rhyming words and repetitive phrases or situations. One-year-olds also enjoy pointing at objects in the pictures and naming them. They also continue to enjoy nursery rhymes, action rhymes and fingerplays.



Encouraging 1-year-olds to Love Books

- Talk to your baby! Sing to him or her! Read to him or her daily! Talk about what you are doing: “Now we’re putting on your socks. Oh, and now your shoes. Let’s tie them up — 1, 2, 3!”
- Sing songs you know or make up ones about your activities: “Now it’s time to ride in the car, ride in the car.”
- Use an animated, enthusiastic voice when reading to your child. Make the funny sounds the animals or vehicles make. Then laugh together! Book-sharing time should be a time to snuggle together and have fun.
- Involve your child in the reading activity. Allow your child to choose some of the books he or she would like to hear and to turn the pages. (Also, choose books that you like. Your child can tell if you dislike what you’re reading.) Ask your child simple questions about the pictures and the story.
- Establish a routine time and place for reading together. This might be after lunch, before naps or every evening before bed.
- Don’t make the sharing time too long. As you know, children this age have short attention spans.

In his book *The Read-Aloud Handbook*, Jim Trelease encourages parents to surround their toddlers with easy access to books. He writes, “Place board books in the high chair, the playpen, and the crib. Let your child see books as least as often as he sees toys and television.” Isn’t that a wonderful thought!

Great Books about Reading

Carlson, Ann D. *The Preschooler and the Library*
(J Ref 027.625 Car)

Fox, Mem *Reading Magic: Why Reading Aloud to
Our Children Will Change Their Lives
Forever* (J P/T 649.58 Fox)

Hall, Susan *Straight Talk About Reading*
(J P/T 372.41 Hal)

Hearne, Betsy *Choosing Books for Children:
A Commonsense Guide*
(J P/T 011.62 Hea)

Odean, Kathleen *Great Books for Babies and Toddlers*
(J P/T 028.162 Ode)

Trelease, Jim *The Read-Aloud Handbook*
(J P/T 372.64 Tre)

Good Books for 1-year-olds

Alborough, Jez *Hug* (J E Alb) [Also board book]

Aliki *One Little Spoonful* (J E Ali)

Appelt, Kathi *Toddler Two-Step* (J E App)

Asch, Frank *Just Like Daddy* (J E Asc)

Baker, Keith *Big Fat Hen* (J E Bak) [Also board book]

Bauer, Marion Dane .. *My Mother Is Mine* (J E Bau)

Boynton, Sandra *Barnyard Dance* (J E Boy) (board book)
[Also: *Blue Hat, Green Hat, Moo Baa La La La*]

Butler, John *Whose Baby Am I?* (J E But)

Carle, Eric *Does a Kangaroo Have a Mother, Too?*
(J E Car)
[Also: *From Head to Toe* and *The Very Busy Spider* – also board book]

Berger, Samantha *Big and Little* (J E Ber) (board book)

DePaola, Tomie *Marcos Colors* (J E DeP) (board book)

Downing, Julie *Where Is My Mommy?* (J E Dow)

Hoban, Tana *Black on White* (J E Hob) (board book)

Isadora, Rachel *I Touch* (J E Isa)
[Also: *I See & I Hear*]

McDonnell, Flora *I Love Animals* (J E McD) (board book)

Stanley, Mandy *What Do You Say* (J E Sta) (board book)

Tafari, Nancy *Have You Seen My Duckling?* (J E Taf)

Taylor, Ann *Baby Dance* (J E Tay) (board book)

Thomas, Joyce *You Are My Perfect Baby* (board book)

Weiss, Nicki *Where Does the Brown Bear Go?*
(J E Wei) [Also board book]

Prelutsky, Jack *Read-Aloud Rhymes for the Very Young*
(J 811.008 Rea)

Rhyming Stories

- Buck, Nola *How a Baby Grows* (J E Buc)
(board book)
- Hubbell, Patricia *Pots and Pans* (J E Hub)
- Losordo, Stephen *Cow Moo Me* (J E Los) (board book)
- Shea, Pegi *I See Me* (board book)
- Williams, Sue *I Went Walking* (J E Wil)
[Also board book]

A New Baby is Coming to Our House

- Cole, Joanna *I'm a Big Sister* (J E Col)
[Also: *I'm a Big Brother*]
- Hill, Eric *Spot's Baby Sister* (J E Hill)

Playtime

- Knight, Joan *Tickle-Toe Rhymes* (J 398.8 Kni)
- Hayes, Sarah *Stamp Your Feet: Action Rhymes*
(J 793.4 Hay)
- DK Publishing *Playtime Rhymes* (J 398.8 Pla)
- Cole, Joanna *The Eentsy, Weentsy Spider:
Fingerplays and Action Rhymes*
(J 793.4 Col)
- Brown, Marc *Play Rhymes* (J 793.4 Bro)
- Brown, Marc *Hand Rhymes* (J 793.4 Bro)
- Brown, Marc *Finger Rhymes* (J 793.4 Bro)
- Lobel, Arnold *The Random House Book of Mother
Goose* (J 398.8 Mot)
- Opie, Iona *My Very First Mother Goose*
(J 398.8 My)
- Ideal's Children's Books .. *Nursery Songs and Lap Games*
(J 398.8 Nur)

Nursery Rhymes

- Chorao, Kay *Knock at the Door and Other Baby
Action Rhymes* (J 398.8 Cho)
- DePaola, Tomie *Tomie's Little Mother Goose*
(J E DeP) (board book)
- Dyer, Jane *Animal Crackers Nursery Rhymes*
(J E Dye) (board book)
- Gibbs, Bridget, ed. *Playtime Rhymes* (J/398.8/Pla)
- Long, Sylvia *Sylvia Long's Mother Goose*
(J 398.8 Mot)
- Manning, Jane *My First Songs* (J E Man)
- Marshall, James *Hickory, Dickory, Dock and Other
Mother Goose Rhymes* (J E Mar)
(board book)
- Opie, Iona *My Very First Mother Goose*
(J 398.8 My)
- Opie, Iona *Wee Willie Winkie* (J E Opi)
(board book)
- Prelutsky, Jack *Read-Aloud Rhymes for the Very Young*
(J 811.008 Rea)
- Schwartz, Amy *Old MacDonald* (J E Sch)
- Siomades, Lorianne ... *The Itsy Bitsy Spider* (J E Sio)
- Siomades, Lorianne ... *Three Little Kittens* (J E Sio)
- Titherington, Jeanne . *Baby's Boat* (J E Tit) (board book)
- Wells, Rosemary *Old MacDonald* (J E Wel) (board book)





Music

Ride Away on Your Horses: Music, Now I'm One!
(J CD 372.5 Fei)

Early Childhood Classics: Old Favorites with a New Twist
(J CD 372.5 Pal)

Nursery Rhyme Time: Songs, Rhymes and Movement Activities (J CD 372.5 Ste)

Baby's Nursery Rhymes (J CD 398.8 Mil)
(J Cassette 398.8 Mil)

Hap Palmer Sings Classic Nursery Rhymes
(J CD 398.8/Pal) (J Cassette 398.8 Pal)

The Playtime Album (J CD 783 Pla)

Smart Music: Classical Music For Babies—Playtime
(J CD 783 Pla)

Smart Music: Classical Music For Babies—Sleepytime
(J CD 783 Sle)

Prairie Lullaby by Joe Weed (J CD 789.5 Wee)

Hey, Ludwig! Classical Piano Solos for Playful Times
(J CD 783 Lou)

Parents: The Playtime Album (J CD 783 Pla)

G'morning Johann: Classical Piano Solos for Morning Time
by Ric Louchard (J CD 783 Lou)

A Child's World of Lullabies by Hap and Penny Palmer
(J CD 789.5 Pal)

Lullabies And Dances by Julianne Baird and Bill Crofut
(J CD 789.5 Bal)

Baby Sounds by Rhino Entertainment Company
(J CD 690 Bab)

40 Winks by Jessica Harper (J CD 789.5 Har)

Bedtime Stories

Bang, Molly *Ten, Nine, Eight* (J E Ban)
[Also board book]

Boynton, Sandra *The Going to Bed Book* (board book)

Brown, Margaret Wise ... *Good Night Moon* (J E Bro)
[Also board book]

Dabcovich, Lydia *Sleepy Bear* (J E Dab)

Fox, Mem *Time for Bed* (J E Fox) [Also board book]

Videos

Ten Things Every Child Needs
by Robert R. McCormick Tribune Foundation
(J Video 649.122 Ten)

Baby Love: Babies Being Babies by White Star Entertainment
(J Video 649.122 Bab)

Baby's First Impressions: Shapes by Small Fry Productions
(J Video 152.1423 Bab)

Baby's First Impressions: Letters by Small Fry Productions
(J Video 152.142 Bab)

So Smart! A Learning Video For Babies
by The Baby School Company (J Video 649.122 So)

So Smart! A Learning Video For Babies: All About Shapes
by The Baby School Company (J Video 649.122 So)

Babymugs! by Home Entertainment Corporation
(J Video 649.122 Bab)



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