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NEWS RELEASE

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## Elmhurst Public Library's Upcoming Calendar Goes Green

ELMHURST, IL — To honor upcoming Earth Day and to share to share its own commitment to minimize environmental impact, the Elmhurst Public Library will host a number of Green and environment-related programs in the coming weeks. The programs aim to educate participants and shift perspectives on how to better use, conserve, and enjoy the natural environment.

## Tuesday, March 23, 2010 @ 2:00-3:00 PM OR 3:30-4:30 PM Trash to Treasures (Kids)

# Location: Storytime Room

The Kids' Library will offer second through eighth graders an opportunity to reduce, reuse, and recyle their trash into artistic masterpieces. Participants will create sculptures with old and familiar items, giving a new purpose to discarded objects. They will also learn about the work of Alexander Calder, an original Green artist. Register by phone or at the Help Desk with your valid EPL card.

### Tuesday, March 30, 2010 @ 7:00-8:30 PM Vegetable Gardening (Adults) Location: Meeting Room 2

University of Illinois Master Gardner Paul Stoffels will address the basics of vegetable gardening, such as preparing soil, choosing the right location for your garden, and selecting plants. Growing your own vegetable allows you to save money, to avoid unhealthy pesticides and preservatives, and to enjoy the fruit--or vegetable--of one's labor and care.

#### Thursday, April 8, 2010 @ 7:30-9:30 PM Book Discussion: Last Child in the Woods by Richard Louv Location: Meeting Room 2

The library will offer a book discussion on Richard Louv's provocative and insightful Last Child in the Woods, a nonfiction book about the staggering divide between children and the outdoors. Louv, a celebrated journalist and child advocate, links the absence of nature in the lives of today's wired generations to some of the most disturbing and prevalent childhood trends: the rise in obesity, attention disorders, and depression. Last Child in the Woods has been published into nine languages, and the author has written for the New York Times, the Washington Post, and the Times of London; he has also appeared on NBC's Today Show and Nightly News, CBS Evening News, ABC's Good Morning America, and NPR's Fresh Air.

Visit www.elmhurstpubliclibrary.org, or call the Information Desk at 630-279-8696 for more information.

The Elmhurst Public Library strives to enrich life in Elmhurst by providing opportunities to explore, learn and grow. EPL offers the support and resources for Elmhurst residents to develop a love of reading; access information for work and learning; pursue interests that will enrich their lives; understand changes in technology, society and culture; and gather and interact with each other. Elmhurst Public Library is a place for discovery at the heart of the community.

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